

Active English Discussion 2

Unit 18 Self-confidence

A. Fill in the Blanks

Use the correct word from the box to complete each sentence.

inspire	soap opera	anonymous
quotation	essential	take risks
self-confidence	conquer	vicious
	anxious	

1. She spoke in front of the class with great _____, showing that she believed in herself.
2. The author of the book chose to remain _____, so no one knew who wrote it.
3. Before his exam, he felt very _____ and could not sleep well.
4. Water is _____ for human survival.
5. Teachers often try to _____ students to reach their goals.
6. The dog became _____ and tried to bite the kid when it felt threatened.
7. He began his speech with a famous _____ from Albert Einstein, "Imagination is more important than knowledge."
8. With hard work and determination, we can _____ our fears.
9. Maria watches her favorite _____ every afternoon; she never misses an episode.
10. If you want to succeed in business, sometimes you have to _____ and try new things.

B. Multiple Choice

Choose the best answer.

11. Which phrase refers to a **TV drama series, often about relationships and emotions?**

- a) soap opera
- b) vicious circle
- c) no use
- d) self-esteem

12. Which word means **necessary or very important?**

- a) anxious
- b) conquer
- c) self-confidence
- d) essential

13. Which word means **confidence and respect for yourself?**

- a) self-esteem
- b) inferiority complex
- c) key to
- d) no use

14. Which phrase means a **situation where one problem causes another, which makes the first problem worse, going round and round and repeating itself?**

- a) come out on top
- b) it makes sense to
- c) vicious circle
- d) self-esteem

15. Which phrase describes a **feeling of being less valuable or capable than others?**

- a) self-esteem
- b) inferiority complex
- c) no use
- d) key to

16. Which phrase is often used to suggest that something is logical or reasonable?

- a) it makes sense
- b) come out on top
- c) vicious circle
- d) no use

17. Which phrase means there's no point in doing something?

- a) come out on top
- b) no use
- c) self-esteem
- d) key to

18. Which phrase means to succeed or win after difficulty?

- a) inferiority complex
- b) vicious circle
- c) come out on top
- d) it makes sense to

C. Answer what is being asked.

1. Give 5 adjectives that describe you.

2. Give 5 adjectives that DO NOT describe you.