

Study the Word List with Definitions

Term	Definition	Translation
open-minded	willing to consider ideas and opinions that are new or different to your own	широких взглядов, непредубежденный
beneficial	Helpful or advantageous	полезный
perception	A belief or opinion about something	восприятие
seek	To try to find or get something	искать
multitude	A large number of things	множество
gain a positive outlook	Develop optimistic attitude	обрести позитивный взгляд (на что-либо)
ancient	Of or from a long time ago	древний
walk down unfamiliar paths	Try new experiences	идти неизведанными путями
avoid the crowds	Stay away from busy places	избегать толпы
discover	Find something new	находить, обнаруживать, открывать, делать открытие
exploration	The activity of searching and finding out about something	исследование
stressed out	Worried and nervous	измотанный
engage with	To become involved with something	взаимодействовать
hold different viewpoints	Have various opinions	иметь разные взгляды
replace	Take the place of something	заменять
develop adaptability	Improve ability to adjust to new conditions	развивать адаптивность
be pushed out of comfort zone	Forced to try difficult things	выйти из зоны комфорта
intelligence	Ability to learn and understand	интеллект
demand	Strong need or desire	спрос, требование
property	Building or land	собственность, имущество
off-season	Less popular travel time	несезон
appeal to	To make a serious or formal request, especially to the public, for money, information, or help; Be attractive to someone	обращаться; понравиться или привлечь кого-то
alternate	Take turns	чередовать

Match the word/phrase on the left with its correct definition or synonym on the right. Each word and definition is used only once.

1. stressed out
2. avoid the crowds
3. ancient
4. develop adaptability
5. intelligence
6. replace
7. gain a positive outlook
8. exploration
9. walk down unfamiliar paths
10. beneficial
11. hold different viewpoints
12. demand
13. perception
14. property
15. appeal to
16. off-season
17. discover
18. open-minded
19. engage with
20. seek
21. multitude
22. be pushed out of comfort zone

- A. To grow the ability to adjust to new conditions
- B. The act of traveling to learn about new places
- C. To find something for the first time
- D. A building or piece of land owned by someone
- E. To be forced into unfamiliar or challenging situations
- F. The way you think about or understand something
- G. To take the place of something else
- H. Feeling overwhelmed or anxious
- I. Very old; from long ago
- J. To interact or become involved with
- K. To begin seeing things in an optimistic way
- L. To look for or try to obtain
- M. A very large number
- N. The ability to learn, understand, and apply knowledge
- O. To stay away from busy, packed places
- P. To attract or interest someone
- Q. Helpful; producing good results
- R. Willing to consider new ideas or opinions
- S. To believe or accept contrasting opinions
- T. The time of year when fewer tourists visit
- U. A strong need or desire for something
- V. To try new experiences or directions in life

Complete the text below using the words from the list. Use each word/phrase only once.

Travelling is not just about seeing new places — it's a powerful tool for personal growth. When you (1) _____ unfamiliar cultures, you (2) _____ adaptability and learn to (3) _____ different viewpoints. Many people travel to (4) _____ a break from daily stress — especially if they feel (5) _____ from work or school. One great tip is to travel during the (6) _____, when destinations (7) _____ fewer tourists and prices drop. This helps you (8) _____ the crowds and truly (9) _____ local life.

Exploring (10) _____ ruins or wandering through remote villages allows you to (11) _____ hidden gems most tourists miss. The (12) _____ for authentic experiences is growing — people want to (13) _____ with locals, not just take photos. Some even (14) _____ traditional hotels with homestays, a type of (15) _____ that offers deeper cultural immersion.

Being (16) _____ helps you accept unexpected changes — like missed buses or strange food. You might even be (17) _____ your comfort zone, which builds emotional (18) _____. Over time, you (19) _____ a positive outlook and realize how (20) _____ travel is for your mind. In fact, the (21) _____ of benefits — from improved problem-solving to greater empathy — is astonishing. Travel doesn't just change your location; it transforms your (22) _____ of the world.

Rewrite each sentence below using one of the target words/phrases. Keep the meaning the same. Use each word/phrase only once.

1. Travelling helps you learn to adjust to new and unexpected situations. → Travelling helps you _____.
2. Seeing how others live can make you more accepting of new ideas. → Experiencing other cultures makes you more _____.
3. Many tourists go to famous landmarks, but I prefer finding quiet, unknown places. → I like to _____ instead of following the tourist trail.
4. The Taj Mahal and the Pyramids are examples of very old human creations. → These are examples of _____ wonders.
5. Going to Bali in November means fewer people and lower hotel costs. → Bali in November is _____, so it's less crowded.
6. Some travelers choose Airbnb apartments over big chain hotels. → Some travelers _____ hotels with private _____ rentals.
7. When you meet locals, try talking to them and learning from them. → Make sure to _____ the local community.
8. Travel teaches you to understand that not everyone thinks the same way. → You learn to _____.
9. Backpacking through Southeast Asia forced me to face my fears. → It _____.
10. People travel because they want to find peace or adventure. → People _____ relaxation or excitement through travel.
11. The number of reasons to travel is huge — from fun to education. → There is a _____ of reasons to travel.
12. Travel can help you start thinking more hopefully about life. → You can _____ through new experiences.
13. Don't go to Venice in summer — it's packed! → Try to _____ by visiting in spring.
14. You'll find amazing street food if you explore side alleys. → You'll _____ hidden culinary treasures.
15. The act of discovering new countries changes how you see yourself. → _____ reshapes your self-image.

Словообразование

1. **travel** - traveller, travelling
2. **tour** - tourist, touristic, tourism
3. **industry** - industrial, industrialist, industrialization
4. **benefit** - beneficial
5. **possible** - possibility, possibly, impossibility, impossible
6. **nation** - national, nationality, international
7. **comfort** - comfortable, uncomfortable, comfortably, uncomfortably
8. **adventure** - adventurous, adventurer
9. **discover** - discovery, discoverer
10. **explore** - exploration, explorer
11. **real** - reality, realistic, really
12. **create** - creation, creative, creator, creativity
13. **flexible** - flexibility, flexibly
14. **emotion** - emotional, emotionally
15. **develop** - development, developer, developing
16. **employ** - employee, employer, employment, unemployed
17. **lead** - leader, leadership
18. **intelligence** - intelligent

Прочитайте приведённый ниже текст. Образуйте от слов, напечатанных заглавными буквами в конце строк, обозначенных номерами **25–29**, однокоренные слова так, чтобы они грамматически и лексически соответствовали содержанию текста. Заполните пропуски полученными словами. Каждый пропуск соответствует отдельному заданию из группы **25–29**.

The Swiss Alps Experience

25. Switzerland is internationally famous for its breathtaking mountain landscapes that attract millions of _____ every year. Many come for winter sports while others prefer summer hiking. **TOUR**
26. The Alps offer _____ opportunities for all kinds of travelers, from relaxing spa retreats to extreme climbing adventures. **VARY**
27. Local authorities have invested heavily in tourist _____ to make the mountains accessible while preserving nature. **DEVELOP**
28. Modern cable cars provide _____ access to high altitudes, allowing visitors to enjoy spectacular views with minimal effort. **COMFORT**
29. Among the most exciting _____ is the First Cliff Walk near Grindelwald, a metal walkway clinging to the rock face 2,000 meters above ground. **ACTIVE**