Password Safety Worksheet

Learning how to create and manage strong passwords is an important part of staying safe online. Use this worksheet to practice and check your understanding about password safety.

Part 1: Multiple Choice

1. 1. Which password is the strongest?

- A. password123
- B. MyDogSpot!2024
- C. 12345678
- D. qwerty

2. 2. Why should you not share your password?

- A. Others might change it and lock you out.
- B. Someone could steal your personal information.
- C. It could be used to hack into your accounts.
- D. All of the above.

3. 3. What is the best way to remember a strong password?

- A. Write it on a sticky note and put it on your screen.
- B. Tell it to a friend.
- C. Use a password manager.
- D. Use the same password for all accounts.

Part 2: True or False

1. You should use the same password for every account. (True / False)

2. Adding numbers and symbols makes your password stronger. (True / False)

3. You should change your passwords regularly. (True / False)

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Part 3: Create Your Own Strong Password

Think of a strong password you could use for a school account. Remember:
- Use a mix of uppercase and lowercase letters.
- Add numbers and symbols.
- Make it at least 8 characters long.

Write your example password here: _____

Part 4: Reflection

Why is it important to keep your passwords private? Write your answer here:

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