



Typical Dishes Around the World

Food is an important part of every culture, and each country has traditional dishes that show its history and lifestyle. For example, in **Italy**, pizza and pasta are the most popular foods. Pizza is usually made with a thin base of bread, tomato sauce, cheese, and different toppings like ham, vegetables, or seafood. Pasta is also very common, and Italians eat it with many types of sauces, such as tomato, meat, or cream. These dishes are not only eaten in Italy but also in many other countries because they are simple and delicious. Families often share pizza or pasta at home or enjoy them in restaurants.



In **Japan**, people eat traditional dishes that are very different from Italian food. Sushi is one of the most famous Japanese dishes. It is made with rice, fresh fish, and sometimes vegetables, and people usually eat it with soy sauce and wasabi. Another popular dish is ramen, a hot noodle soup with meat, vegetables, and boiled eggs. Many Japanese people eat ramen when it is cold because it is warm and filling. Food in Japan is often presented beautifully, and people think that the way the food looks is as important as the taste. Japanese dishes are now popular in many countries, and many tourists love to try sushi and ramen when they visit Japan.





IE-JCB- FICHA DE EVALUACION DEL PLAN LECTOR – TERCERA ETAPA – LECTURA A NIVEL DE AREA

In **Mexico**, traditional food is very colorful and full of flavor. One of the most typical dishes is the taco, which is a tortilla filled with meat, beans, cheese, and vegetables. Tacos can be soft or crunchy and are often eaten with spicy sauce. Another important dish is the tamal, which is made of corn dough filled with meat or vegetables and cooked in corn leaves. Tamales are usually prepared for special occasions and family celebrations. Mexican food is famous all over the world because of its variety, taste, and spices. It is not only delicious but also a symbol of the country's culture and traditions.



Questions

If you could choose one of the dishes from the text to try, which one would you prefer?

- a) Pizza
- b) Sushi
- c) Tacos,
- d) Tamales

Why would you prefer that dish?
