

Emotion control skills	
Self-care skills	

IV. Turn the following sentences into reported speech.

1. "Our daughter wants to study abroad for a year," they said.

2. "Have you ever experienced school pressures?" she asked me.

3. "Yesterday I couldn't watch my favourite cartoon on Disney Channel," he said.

4. "Is the weather good in Shanghai in the summer?" Jane asked me.

5. "What are the skills that you find the most difficult to learn?" she asked me.

6. "Would you bring me a cup of coffee, please?" she told me.

7. "I'll come and help you on Saturday," Joana told me.

8. "When will you come back home?" my mom asked me.

9. "Do you need any help on this assignment?" the teacher asked me.

10. "My friend got engaged to a German last month," Danny told Ann.

V. Complete the sentences with correct tense of verbs.

1. The interviewer asked me what I _____ (can) do if I were offered the job.
2. Mandy asked me if the boys _____ (read) the book at present.
3. The manager told me that I _____ (travel) from place to place the following month.
4. They said they _____ (never/ be) to Scotland until last year.
5. Jason and Victoria told me they _____ (do) their best in the exams the following day.
6. I wondered why Nick _____ (not go) to New York the summer before.
7. John told me that there _____ (may) not be dessert after dinner.
8. She asked me if everyone _____ (must) contact the Magic Number in emergency situations.
9. My mom said she _____ (be) going to visit a friend of hers in London.
10. Shannon said that she _____ (need) to take care of her baby.

VI. Complete the sentences with suitable question words.

1. He doesn't know _____ to ask for advice about this situation.
2. Be sure _____ to eat when you arrive in Vietnam.
3. They are going to tell me _____ to do to survive in a storm.
4. I asked Jane to show me _____ to deal with bullying at school.
5. He wondered _____ to start revising for the final exam.
6. The rules didn't specify _____ to speak to in case of an emergency.
7. You need to find out _____ to overcome stress and worry.
8. I don't know _____ to turn for help.
9. I had no idea _____ to write my home paper about.
10. Tell me _____ to press the button.

VII. Rewrite the following sentences using question words before to-infinitives.

1. I don't know where I should visit this summer vacation.

2. Could you tell me who I should ask for advice?

3. She wondered what she should write in the final essay.

4. I have no idea who I should contact in case of emergency.

5. They can't decide when they leave for America.

6. I'm not sure what I should cook for my son's birthday party.

7. Could you tell me where I should put my umbrella?

8. He asked himself what he should send her as a present.

9. I have no idea when I should leave for Japan.

10. She wondered how she should resolve the conflict.

VIII. Rewrite the following questions in reported speech, using question words before to-infinitives.

1. "What should we do to help her overcome stress?"
They didn't know _____
2. "Should I discuss this matter with my teammates?"
Jonas wondered _____

3. "Where should I register for a course on life skills?"

An asked Mary _____

4. "How should we find a support center for the homeless?"

James and Lily couldn't tell _____

5. "When should we start our campaign?"

They had no idea _____

6. "Mom, who should I call upon arriving at the airport?"

Trang asked her mother _____

7. "Should I dial 18001567 to ask for advice about family problems?"

Phong was not sure _____

8. "What should we do to help those disadvantaged children?"

They wondered _____

9. "When should I start teaching my children to cook?"

She couldn't decide _____

10. "How should I deal with negative emotions and stress?"

Hoa asked Nam _____

IX. Fill in each blank with a suitable preposition.

1. He felt that they were making fun _____ him, though he could not understand why.
2. He wasn't able to cope _____ the stresses and strains of the job.
3. We have to improve and increase mass participation _____ sports.
4. This goes beyond the boundaries _____ what is accepted.
5. My parents never put any pressure _____ me to get a job.
6. You can dial 114 in case of fire _____ dealing area codes.
7. She gave up German in order to concentrate _____ her French.
8. Parents need to continue to empathize _____ the child.

C. SPEAKING

- I. Complete the conversation with the sentences from the box. Write the letters of the sentences.**

- A. Are you worried about the upcoming exam?

B. Well, have you thought of solving this problem?

C. So, what makes you stressed out?

D. It will. After starting the conversation, remember to apologize her for the argument and present your ideas once more time with calmness if you want.

E. What's wrong with you?

E. Seriously?

G. If I were you, I would smile at her, then choose a common topic to talk about.