Look after yourself

6

VOCABULARY
Parts of the body | Sports and fitness | Accidents and injuries | Sleep | Symptoms, illnesses and allergies

GRAMMAR
Countable and uncountable nouns | Quantifiers | Past Continuous and Past Simple

6.1 Vocabulary

The body

1 ● Complete the labels for the parts of the body.



1 k n e e
2 __i__s
3 ___e s
4 __i___e__s
5 ___k___
6 _____w
7 _____u_____r
8 _____w
9 _____t
10 ____k

2 ● Complete the sentences with the words below.

elbow fingers knee shoulders throat ~~toes~~

1 These shoes are too small. They hurt my *toes*.
2 Children like to paint with their _____ – they don't like using brushes.
3 My little sister likes sitting high up on my dad's _____.
4 My gran drinks a lot of warm water. She says it's good for her _____.
5 I hurt my leg last week and I now can't bend my _____.
6 I hit the desk with my arm and hurt my _____ when I fell.

3 ●● Choose the correct option.

1 Use your *brain* / *neck* and think hard!
2 My *eyebrow* / *skin* went brown in the sun.
3 After the race my *stomach* / *heart* was beating very fast.
4 Jack goes to the gym to get bigger *bones* / *muscles*.
5 A skeleton is just the *bones* / *muscles* of a person.
6 I can't eat any more. My *lips* / *stomach* is full.
7 I drank some hot tea too quickly and now my *skin* / *tongue* is sore.

4 ●● Choose the correct answer.

1 An adult has 206 ____.
a muscles (b) bones c skin
2 The ____ on your body covers an average of two square metres.
a muscle b stomach c skin
3 Your ____ is only one part of your digestive system, located in the middle.
a heart b brain c stomach
4 A woman's ____ beats slightly faster than a man's.
a heart b brain c stomach
5 The ____ around the heart work harder than all the other ones in the body.
a skin b muscles c bones
6 Twenty percent of the blood and oxygen in our bodies goes to the ____.
a brain b tongue c skin
7 The average human ____ is about 7.5 cm long.
a tongue b skin c bones
8 The ____ is a part of the body that doesn't feel pain.
a tongue b brain c neck

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