

Look after yourself

6

6.1

VOCABULARY

Parts of the body | Sports and fitness |
Accidents and injuries | Sleep |
Symptoms, illnesses and allergies

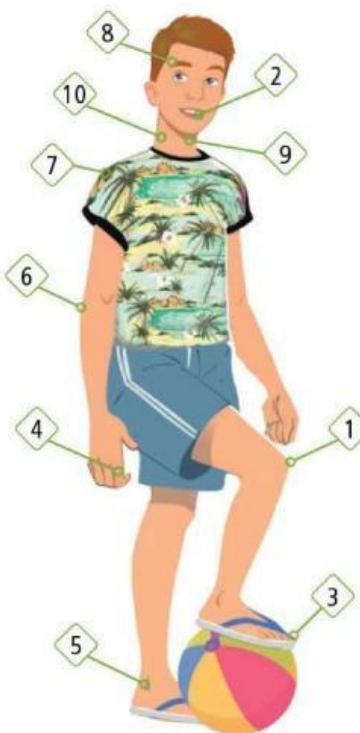
GRAMMAR

Countable and uncountable nouns | Quantifiers | Past Continuous and Past Simple

Vocabulary

The body

1 ● Complete the labels for the parts of the body.



1 <u>k_n_e_e</u>	6 _ _ _ _ w
2 _i_s	7 _ _ u _ _ r
3 _e_s	8 _ _ _ _ _ w
4 _i_e_s	9 _ _ _ _ t
5 _k_	10 _ _ _ _ k

2 ● Complete the sentences with the words below.

elbow fingers knee shoulders throat toes

- 1 These shoes are too small. They hurt my toes.
- 2 Children like to paint with their _____ – they don't like using brushes.
- 3 My little sister likes sitting high up on my dad's _____.
- 4 My gran drinks a lot of warm water. She says it's good for her _____.
- 5 I hurt my leg last week and I now can't bend my _____.
- 6 I hit the desk with my arm and hurt my _____ when I fell.

3 ● Choose the correct option.

- 1 Use your brain / neck and think hard!
- 2 My eyebrow / skin went brown in the sun.
- 3 After the race my stomach / heart was beating very fast.
- 4 Jack goes to the gym to get bigger bones / muscles.
- 5 A skeleton is just the bones / muscles of a person.
- 6 I can't eat any more. My lips / stomach is full.
- 7 I drank some hot tea too quickly and now my skin / tongue is sore.

4 ● Choose the correct answer.

- 1 An adult has 206 _____.
a muscles b bones c skin
- 2 The ____ on your body covers an average of two square metres.
a muscle b stomach c skin
- 3 Your ____ is only one part of your digestive system, located in the middle.
a heart b brain c stomach
- 4 A woman's ____ beats slightly faster than a man's.
a heart b brain c stomach
- 5 The ____ around the heart work harder than all the other ones in the body.
a skin b muscles c bones
- 6 Twenty percent of the blood and oxygen in our bodies goes to the _____.
a brain b tongue c skin
- 7 The average human ____ is about 7.5 cm long.
a tongue b skin c bones
- 8 The ____ is a part of the body that doesn't feel pain.
a tongue b brain c neck