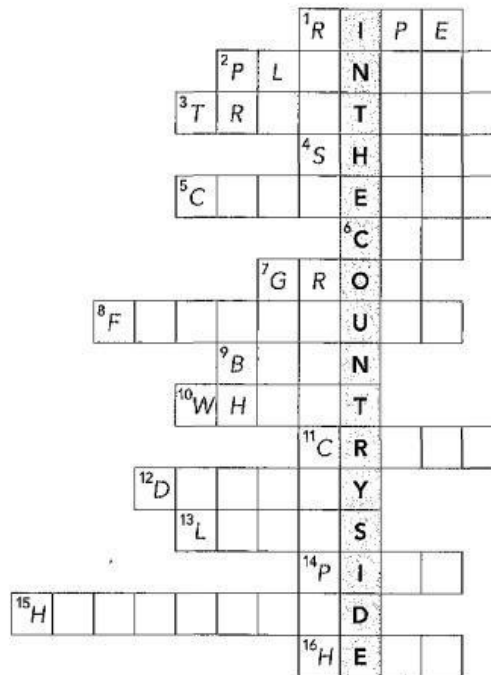


1 VOCABULARY the country

a Order the letters to make words that match the definitions.

- 1 an area of land that is covered with trees (ODOW) wood
- 2 a high area of land that is not as high as a mountain (LIHL) _____
- 3 the low land between two mountains that often has a river flowing through it (LAYVEL) _____
- 4 a small river (MASTER) _____
- 5 a plant like a small, thick tree with many low branches (HUBS) _____
- 6 the part of a fence that can be opened to let people through (TEGA) _____
- 7 a large area of water that is surrounded by land (KEAL) _____
- 8 an area of land in the country used for growing crops or keeping animals in (EDILF) _____
- 9 a high, very steep area of rock, often next to the sea (FLICF) _____
- 10 a deep hole in the ground where you can get water from (LEWL) _____
- 11 small pieces of rock (TESOSN) _____
- 12 a line of wooden posts to divide land or keep animals in (NECFE) _____
- 13 a common green plant with thin leaves that covers fields and gardens (SGARS) _____
- 14 a part of a tree that leaves, flowers, or fruit grow on (NBACRH) _____
- 15 small thin pieces of wood from a tree (CKTISS) _____
- 16 a row of bushes or small trees that separates one piece of land from another (DEGHE) _____
- 17 soft, wet earth (DUM) _____
- 18 large pieces of stone (SCKOR) _____
- 19 a way across a piece of land that people can walk along (HAPT) _____
- 20 one of the thin, flat, usually green parts of a plant or tree (FALE) _____

b Complete the puzzle.



- 1 (used about fruit, etc.) ready to be picked and eaten
- 2 (of seeds) put in the ground to grow



- 7 to put a plant in the ground and take care of it



- 10 a cereal that can be made into flour
- 11 plants that are grown on farms for food



- 14 to take a fruit or vegetable from the place where it is growing
- 15 (of fruit, crops, etc.) collected from the trees, fields, etc.



c Complete the text with the words from the list.

barn cockerel cows crops fences fields
grass hens lambs ripe tractor wheat









One of the best ways to see the English countryside is from the air. Green ¹fields separated by hedges or _____ stretch out below you as far as the eye can see. ²_____ are growing in some of them, such as golden ³_____ or ⁴_____ corn, while in others there are animals peacefully eating ⁵_____. As the plane nears the ground, you can see black-and-white _____ standing in groups, and in the spring you can see sheep with their ⁶_____. Every so often, there is a farmhouse with a ⁷_____ parked outside the door. Usually, there is an enormous ⁸_____ nearby where the grain is stored. Outside, there are sometimes _____ walking around the farmyard looking for food. With the female birds, there's often one noisy male – the _____.



d Write a short paragraph describing the countryside where you live. Use the text in c to help you.

2 PRONUNCIATION vowel sounds

a Circle the word with a different sound.

 fish	1 cliff pick <u>ripe</u> sticks
 tree	2 field hill leaf sheep
 egg	3 earth fence hedge threaten
 cat	4 lambs harvest tractor valley
 car	5 barn farm path warn
 train	6 gate grass lake wait
 clock	7 cockerel crops donkey stones
 bull	8 bush look mud wood
 owl	9 cow grow mountain town

b 5.3 Listen and check. Then listen again and repeat the words.

c 5.4 Listen and complete the sentences.



- I've been riding my bike to work this week.
- I've been _____ more _____ recently.
- I've been _____ my _____.
- I _____ been _____ so much _____.
- I _____ been _____ that _____ lately.
- I _____ been _____ much _____.

d 5.4 Listen again and repeat the sentences. Copy the rhythm.

3 GRAMMAR present perfect continuous

a Complete the sentences with the present perfect continuous form of the verb in brackets. Use contractions if possible.

- 1 I'm fed up with my friend. I've been waiting for her for nearly an hour. (wait)
- 2 Charlie's bored. He _____ history all day. (study)
- 3 I didn't know that you'd passed your test. How long _____ you _____? (drive)
- 4 Tina's gone to the doctor's. She _____ well recently. (not feel)
- 5 Mary and Paul aren't getting on. They _____ a lot lately. (argue)
- 6 My parents are very excited about their holiday to Turkey. They _____ it all year. (look forward to)
- 7 Your sister's really good at tennis. How long _____ she _____? (play)
- 8 I think I've put on weight. I _____ to the gym recently. (not go)

b Complete the text with the present perfect continuous form of the verbs from the list. Use contractions if possible.

not add drink not eat go make play swim try use walk



My husband and I ¹ have been trying to lead a healthier lifestyle recently. We ² _____ jogging together every day before we go to work. He ³ _____ to work instead of driving, and I ⁴ _____ the stairs at work instead of taking the lift. We ⁵ _____ a lot of water during the day, and we ⁶ _____ any snacks. After work, I ⁷ _____ every evening and my husband ⁸ _____ tennis twice a week. Instead of cooking a big meal when we get home, my husband ⁹ _____ us some lovely salads. He ¹⁰ _____ a lot of oil to the salads, but they still taste delicious!

c Write present perfect continuous sentences with *for* or *since*. Use contractions if possible.

- 1 I'm looking after my neighbours' dog. They went on holiday last Saturday.
I've been looking after my neighbours' dog since last Saturday.
- 2 My brother lives in Paris. He went there two years ago.
My brother _____.
- 3 Emma is my girlfriend. We started going out a year ago.
Emma and I _____.
- 4 Rosie is studying. She started when she came home.
Rosie _____.
- 5 They're training for the new season. Their first session was three weeks ago.
They _____.
- 6 It's raining. It started at about eight o'clock.
It _____.

d What have you been doing recently? Write five sentences. Use the ideas from the list or your own ideas.

at home at school / university / work with other people / alone exercise / food / hobbies / sleep

I have exams, so I've been studying.
I've been eating more vegetables
because I want to be healthier.

- 1 _____
- 2 _____
- 3 _____
- 4 _____
- 5 _____