

# WATCHING HORROR MOVIES

Read the text and choose the correct word.

Many people enjoy watching horror films, even (1)\_\_\_\_\_ they know the experience will frighten them. Psychologists explain that the attraction often comes (2)\_\_\_\_\_ the sense of excitement and adrenaline that fear produces. When people watch a scary movie, their heart rate increases, their muscles tense, and their body reacts almost (3)\_\_\_\_\_ if they were in real danger. However, the brain recognises that they are actually safe. This unusual (4)\_\_\_\_\_ of fear and safety can feel thrilling.

Another reason for horror's popularity is the social side. Watching a frightening film with friends or family often becomes a shared adventure. People laugh nervously, scream together, and then talk (5)\_\_\_\_\_ the film afterwards. This helps to create stronger bonds and gives everyone something to remember.

Of course, not everyone enjoys horror movies. Some viewers find them disturbing, unpleasant, or simply too frightening. (6)\_\_\_\_\_, horror remains one of the most successful film genres, which proves (7)\_\_\_\_\_ for many, the fun of being scared—while knowing it isn't real—will never lose its (8)\_\_\_\_\_.

