VOCABULARY A day in the life of a fitness instructor

Match the pictures 1-15 to the sentences.



	She goes to bed at 10.30 p.m.
	She wakes up at 6.00 a.m.
	She gets dressed.
	She watches TV.
	She goes/cycles to work.
	She has breakfast.
	She cooks dinner.
	She does exercise.
	She teaches / works from 3.30 p.m. to 5.30 p.m.
	She gets up at 6.15 a.m.
	She has a shower.
	She has lunch at 1.30 p.m.
	She gets to work at 9.30 a.m.
	She teaches / works from 10.00 a.m. to 1.00 p.m.
	She goes / cycles home.

LIVEWORKSHEETS