

Past Simple Verbs - Regular and Irregular

eat	ate
drink	drank
ride a bike	rode a bike
get enough sleep	got enough sleep
have lunch	had lunch
exercise	exercised
watch TV	watched TV
wake up	woke up
run	ran
swim	swam
sit down	sat down
say	said
do	did
hurt	hurt
study	studied
stop	stopped
start	started
go	went
sleep	slept
make	made
put	put
fall asleep	fell asleep
arrive	arrived
look	looked
fly	flew
write	wrote