

NAD+

褪黑激素

melatonin



陳雨亭



Follow

硫辛酸

NAD+

Lipoic acid NAD

熬夜之後居然大腦沒有問題、肝臟沒有問題，炸掉的居然是腸道！？

#我是陳藥師陳藥師是我

#健康 #熬夜 #知識 #新聞 #學習 #成長

Contents

單元 Unit	主題 / 溝通功能 Topic / Communicative Function	主題單字 Vocabulary	句型 Sentences	閱讀技巧 Reading Skills	字母拼讀 Phonics
Unit 1 Whale Watching	國家 詢問他人及回答來自哪個國家	Australia, Canada, France, India, Japan, the ROC (Taiwan), the UK, the USA	A Where are you from? I'm from Japan. B Is he / she from the USA? Yes, he / she is. No, he's / she's not. He's / She's from the UK.	Finding Details 找出細節	er, ir, ur
Unit 2 Having a Cold	病症 詢問他人及回答常見的病症	cold, cough, fever, headache, stomachache, toothache, runny nose, sore throat	A What's wrong? I have a headache. B Does he / she have a fever? Yes, he / she does. No, he / she doesn't. He / She has a cough.	Question Words 疑問詞	ar, or
Review 1	綜合應用第一～第二課內容			Finding Details 找出細節	
Unit 3 From Farm to Table	食物 詢問他人及回答想吃的食物	pizza, rice, soup, steak, dumplings, noodles, sandwiches, French fries	A What would you like to eat? I'd like some pizza, please. B Would you like some sandwiches? Yes, please. / No, thank you.	Sequence 排序	oi, oy
Unit 4 A Call in the Morning	生活作息 詢問他人及回答作息時間	do my homework, get up, go to school, go home, go to bed, have breakfast, have lunch, have dinner	A What time do you get up? I get up at six thirty. B Do you have lunch at twelve? Yes, I do. No, I don't. I have lunch at twelve thirty.	Problem and Solution 解決問題	ou, ow
Review 2	綜合應用第三～第四課內容			Sequence 排序	
Culture & Festivals Moon Festival	中秋節 說出中秋節相關用語	moon cake, pomelo, full moon, have a barbecue			
Task A Country Guessing Book	綜合應用第一～第四課內容，完成指定活動				