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# NAD+

褪黑激素

melatonin



陳雨亭

Follow

# 硫辛酸 NAD+

Lipoic acid NAD

熬夜之後居然大腦沒有問題、肝臟沒有問題，炸掉的居然是腸道！？

#我是陳藥師陳藥師是我

#健康 #熬夜 #知識 #新聞 #學習 #成長

小 雨亭 · Original audio

陳雨亭 · Original audio  
LIVE WORKSHEETS

# Contents

單元 Unit	主題 / 沟通功能 Topic / Communicative Function	主題單字 Vocabulary	句型 Sentences	閱讀技巧 Reading Skills	字母拼讀 Phonics
Unit 1 Whale Watching	國家 詢問他人及回答來自哪個國家	Australia, Canada, France, India, Japan, the ROC (Taiwan), the UK, the USA	<p><b>A</b> Where are you from? I'm from Japan. <b>B</b> Is he / she from the USA? Yes, he / she is. No, he's / she's not. He's / She's from the UK.</p>	Finding Details 找出細節	er, ir, ur
Unit 2 Having a Cold	病症 詢問他人及回答常見的病症	cold, cough, fever, headache, stomachache, toothache, runny nose, sore throat	<p><b>A</b> What's wrong? I have a headache. <b>B</b> Does he / she have a fever? Yes, he / she does. No, he / she doesn't. He / She has a cough.</p>	Question Words 疑問詞	ar, or
Review 1	綜合應用第一～第二課內容			Finding Details 找出細節	
Unit 3 From Farm to Table	食物 詢問他人及回答想吃的食	pizza, rice, soup, steak, dumplings, noodles, sandwiches, French fries	<p><b>A</b> What would you like to eat? I'd like some pizza, please. <b>B</b> Would you like some sandwiches? Yes, please. / No, thank you.</p>	Sequence 排序	oi, oy
Unit 4 A Call in the Morning	生活作息 詢問他人及回答作息時間	do my homework, get up, go to school, go home, go to bed, have breakfast, have lunch, have dinner	<p><b>A</b> What time do you get up? I get up at six thirty. <b>B</b> Do you have lunch at twelve? Yes, I do. No, I don't. I have lunch at twelve thirty.</p>	Problem and Solution 解決問題	ou, ow
Review 2	綜合應用第三～第四課內容			Sequence 排序	
Culture & Festivals Moon Festival	中秋節 說出中秋節相關用語	moon cake, pomelo, full moon, have a barbecue			
Task A Country Guessing Book	綜合應用第一～第四課內容，完成指定活動				