My name is: _____

WORKSHEET

Date: ..... KET	Teacher's feedbacks

Task 1: Choose the correct answers.

Words		Meanings
1. Calm down	**1+**	A. Review lessons before an exam
2. Revise	**2+**	B. To not accept something
3. Advice	**3+**	C. To stop worrying, relax
4. Refuse	**4+**	D. Feeling unhappy because something failed
5. Disappointed	**5+**	E. Suggestion about what to do
6. Anxious	**6+**	F. To say sorry for not doing something
7. Decide	**7+**	G. Feeling nervous or worried
8. Relieve	**8+**	H. To choose what to do
9. Panic	**9+**	I. To make stress or pain less
10. Take a break	**10+**	J. To stop working and rest for a while
11. Embarrassing	**11+**	K. Feeling nervous suddenly and strongly
12. Make an excuse	**12+**	L. Making you feel shy or ashamed

LIVEWORKSHEETS

Task 2: Read and write.

calm down – revise – advice – refuse – disappointed
anxious – decide – relieve – panic - take a break
embarrassing - make an excuse

1. Don't _____ when you have too much homework, just ask the teacher for help.
2. If you feel stressed, you should _____ for a while.
3. The doctor gave me some good _____ about how to stay healthy.
4. She was really _____ when she didn't pass the exam.
5. My little brother always tries to _____ when it's his turn to wash the dishes.
6. You should _____ your lessons before the test.
7. It was so _____ when I fell over in front of the class.
8. I feel _____ whenever I have to speak in front of many people.
9. Please _____ and tell me what happened.
10. He had to _____ quickly which school to apply to.
11. Taking a walk will help to _____ your stress.
12. Don't _____, everything will be fine.

LIVEWORKSHEETS