

Complete the Nutrient Absorption Table

Nutrients	How Absorbed	Transported Via
Vitamins A, D, E, K		
Glucose		Blood capillary
Amino acids		
Water	Osmosis	
Fatty Acids + Glycerol		
Galactose		Blood Capillary
Fructose		
Vitamin B, C		

Absorb with
water

Simple diffusion

Active Transport

Blood Capillary

Simple diffusion

Blood Capillary

Blood Capillary

Facilitated
diffusion

Active Transport

Lacteal

Active Transport

Blood Capillary

Lacteal