

1 Find and circle the words. Then write.

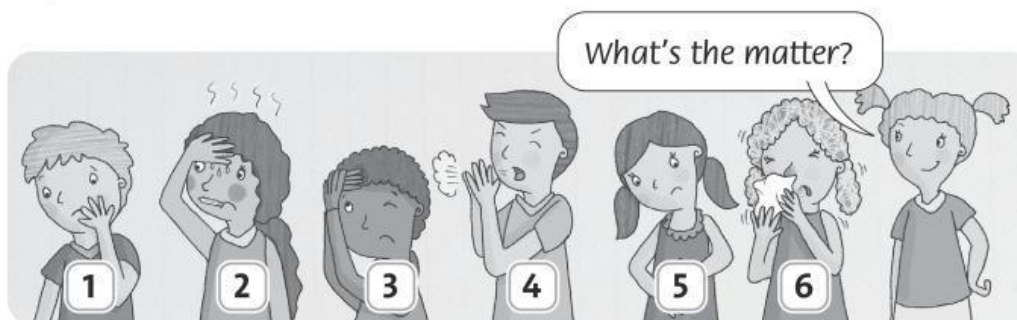
a cold a earache a cough a stomachache a fever a headache a toothache a sore throat

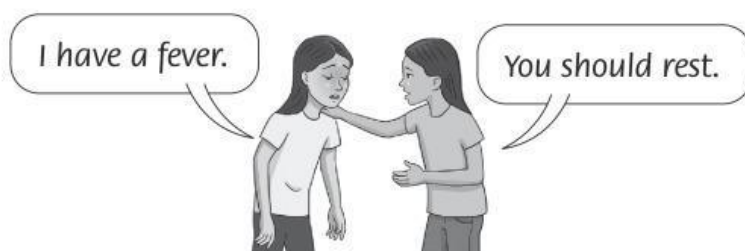


a sore throat



2 Complete. Use the words in Exercise 1.

1 He has a toothache.4 He has a c.2 She has a f.5 She has a s.3 He has a h.6 She has a c.



We use **should** and **shouldn't** to give advice. We can use these words to talk about health.

Affirmative

You **should** drink water.

You **should** go to bed.

Negative

You **shouldn't** go swimming.

You **shouldn't** go to school.

We use **Should...?** to ask yes/no questions for advice.

Questions

Should I rest?

Should I play soccer?

Short answers

Yes, you **should**.

No, you **shouldn't**.

We can use **What should...?** to form an open question.

What should I do when I have a fever?

3 Circle.



- 1 He has **a headache** / a stomachache. What should he do?
He **should** / **shouldn't** drink some water. He **should** / **shouldn't** eat cake.
- 2 He has **a fever** / **a cough**. What should he do?
He **should** / **shouldn't** play soccer. He **should** / **shouldn't** go to bed.
- 3 He has **an earache** / **a sore throat**. What should he do?
He **should** / **shouldn't** go to the doctor. He **should** / **shouldn't** listen to loud music.

4 What should they do? Write sentences with *should*.

eat his lunch ~~drink some water~~ see the doctor go to bed



He has a headache. He should drink some water.



He has a stomachache. _____



They're tired. _____



He's hungry. _____

5 Complete with *should* or *shouldn't*.

Thanh I have an earache. What ¹ should I do?

Doctor You ² _____ rest.

Thanh ³ _____ I listen to loud music?

Doctor No, you ⁴ _____.

Thanh ⁵ _____ I play outside?

Doctor No, you ⁶ _____.

Thanh ⁷ _____ I go to bed?

Doctor Yes, you ⁸ _____.



6 Look and complete.

exercise healthy ~~strong~~ sugar

- 1 Exercise makes you strong.
- 2 Eat _____ food like fruit and vegetables.
- 3 _____ is bad for your teeth.
- 4 Running is very good _____.

7 Complete the chart. Write sentences with *should* or *shouldn't*.

drink water and milk ~~eat candy every day~~
 eat fruit and vegetables eat lots of chips
 get lots of exercise

How to stay healthy	
Things you should do	Things you shouldn't do
1 <u>You should get lots of exercise.</u>	4 <u>You shouldn't eat candy every day.</u>
2 You should _____.	5 You shouldn't _____.
3 _____	

8 What healthy things do you do? Write.

- 1 I get a lot of sleep.
- 2 I _____
- 3 _____
- 4 _____



1 Write the body part.

a sore throatan ear achea head achea stomach achea arm ache

2 Write.

1 Linh has a fever. What should she do?

She shouldn't go to school.

2 I have a cough and a cold. What should I do?

You should drink some juice.

3 Ben has an earache. What should he do?

He should stop listening to loud music.

4 Minh has a stomachache. What should he do?

He should eat cupcakes.

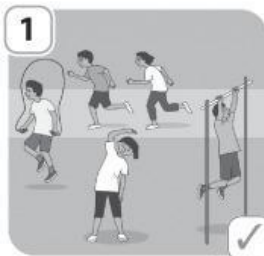
5 I have a sore throat. What should I do to the doctor?

Yes I should go to.

6 She has toothache. What should she do eat lots of candy?

She shouldn't eat.

1 Who is taking care of their health? Check ✓ or cross X.



2 How do you take care of your health? Draw and write.

exercise food sleep water

1 Look and write.

/ 3



earache



2 Correct.

/ 4

chips exercise healthy strong sugar

1 You shouldn't eat lots of **vegetables**. chips

2 Milk makes your bones **short**. _____

3 **Water** is bad for your teeth. _____

4 Meat and fish are **bad** foods. _____

5 You should get lots of **candy**. _____

3 Write questions with *should*. Then write the answers.

/ 8

1 I have a cold. Should I go to school? No, you shouldn't.

2 Minh has a sore throat. _____ drink water? _____

3 I have an earache. _____ visit the doctor? _____

4 Sally has a stomachache. _____ eat candy? _____

5 Mom has a fever. _____ exercise in the park? _____

____ / 15