

Part A • Grammar, Vocabulary and How to ...

GRAMMAR

1 Choose the correct option (a, b or c).

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2 Put the words in the correct order to make sentences.

1 to / that / the / you / need / to / It's / doctor / speak

2 It / my / mum / morning / this / who / called / was

3 she / orange / an / was / asked / for / What / juice

4 at / should / stay / What / home / you / is / do

5 that / I / on / visited / holiday / Switzerland / It / was

6 What / you / why / was / you / didn't / left / me / tell

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3 Choose the correct words to complete the sentences.

- 1 I **do** / **don't** want to help you, but I'm really busy right now.
- 2 She **does** / **doesn't** play the piano, does she?
- 3 They **do** / **don't** look lovely in their new clothes. So pretty!
- 4 You **did** / **didn't** try to fix the light, did you?
- 5 He can't speak Spanish, but he **does** / **doesn't** speak Catalan.
- 6 You **did** / **didn't** invite Yannis to the party, didn't you?

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VOCABULARY

4 Complete the sentences with the words in the box.

act atmosphere attend line-up organisers
venues

- 1 The _____ have cancelled the event because of the bad weather.
- 2 We saw loads of bands but Daft Punk was my favourite _____.
- 3 I couldn't go to the festival this year, but I hope to _____ it next year.
- 4 The _____ doesn't look very good. I don't recognise any of the performers.
- 5 The Apollo is one of my favourite _____ for concerts. It's a beautiful old building.
- 6 There was a strange _____ at the concert because no one was dancing.

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5 Complete the sentences with words related to the environment.

- 1 If you want to reduce your **c** _____ **f** _____, you should stop flying.
- 2 Our company aims to use 100 percent **r** _____ energy by 2030.
- 3 I've bought some new garden lights that run on **s** _____ **p** _____.
- 4 I'm going to take these old clothes to the **r** _____ centre.
- 5 The plan for **s** _____ tourism will reduce the impact on the environment.
- 6 We're going to take part in a **c** _____ - _____ because there's a lot of rubbish on the beach.

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6 Choose the correct words to complete the sentences.

- 1 I've put up with / messed up this recipe so I'll have to start again.
- 2 The film didn't live up to / mess up my expectations so I wouldn't recommend it.
- 3 Why did you have to bring up / come across the topic of money? You knew it would cause an argument.
- 4 If you've started, why not carry on / end up until you've finished?
- 5 Would you mind spelling out / speaking up? We can't hear you at the back.
- 6 I hope this plan works because we haven't got another one to come up with / fall back on.
- 7 That man's horrible eating habits are putting me off / putting up with my dinner.
- 8 Thanks for moving on / pointing out that I hadn't attached the document.

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GRAMMAR

1 Complete the sentences with the future continuous or future perfect form of the verbs in brackets.

- 1 I can't pick you up from work because I _____ (play) squash then.
- 2 We can move into our new house next week because we _____ (finish) decorating it.
- 3 It's better if we meet tomorrow because I _____ (might / work) late tonight.
- 4 She can't perform in the play tonight because she _____ (have) time to learn all her lines.
- 5 There's no way people _____ (live) on Mars in 2030 because we won't have the right technology.
- 6 We _____ (could / use) digital currencies for most of our payments in the near future.
- 7 By the end of our trip, we _____ (drive) more than a thousand kilometres.
- 8 The teacher has cancelled tomorrow's test because we _____ (study) all of the grammar.
- 9 Do you think you _____ (complete) the report by next Friday?
- 10 We _____ (come) home until next Tuesday because we couldn't get a flight before then.

/10

2 Complete the second version of the sentences with the passive form of the underlined verb.

- 1 Some people think that you should have regular breaks when using a computer.
It _____ that you should have regular breaks when using a computer.
- 2 They expected the new rules to help people with low incomes.
It _____ that the new rules would help people with low incomes.
- 3 Some people report feeling happier after spending time outdoors.
It _____ that some people feel happier after spending time outdoors.
- 4 Most people believe that climate change is a real problem.
It _____ by most people that climate change is a real problem.
- 5 They have shown that spending too much time on electronic devices can affect your sleep.
It _____ that spending too much time on electronic devices can affect your sleep.
- 6 Experts have reported that there may be water on the newly discovered planet.
It _____ that there may be water on the newly discovered planet.

7 Some people thought that children had a lower risk of becoming ill.

It _____ that children had a lower risk of becoming ill.

8 They have suggested people should spend fewer hours working.

It _____ that people should spend fewer hours working.

9 Scientists have disproved this theory about the way the mind works.

This theory about the way the mind works _____ by scientists.

10 They believed that the monument was one of the wonders of the world.

It _____ that the monument was one of the wonders of the world.

/10

VOCABULARY

3 Choose the correct words to complete the sentences.

- 1 I try to **do a regular workout** / **do a sedentary job** because I have to sit at a desk all day for work.
- 2 She wanted to **cut down on** / **stay in shape** fast food because she was eating too much of it.
- 3 I hope that this management course will **expand my horizons** / **vary my diet**.
- 4 I've started doing yoga and it's really **kept up my progress** / **transformed my lifestyle**.
- 5 He does crosswords every day because he wants to **keep mentally active** / **work long hours**.

/5

4 Complete the sentences with words related to illness and treatment.

- 1 Certain types of food, like nuts and milk, can cause **all** _____ in some people.
- 2 I've been feeling **r** _____ **d** _____ lately. I don't have any energy and I feel tired all the time.
- 3 The doctor has given me **ant** _____ to treat the infection.
- 4 I've got **as** _____ so I find it hard to breathe sometimes.
- 5 I wonder if there will ever be a **va** _____ to stop people getting colds?

/5

Part B • Listening, Reading and Writing

LISTENING

1 [Audio UT4.01] Listen to a radio programme about meditation. Number the topics (A–G) in the order they are mentioned.

1 _____
2 _____
3 _____
4 _____
5 _____
6 _____
7 _____

A Meditation can help us deal with difficulties.
B Some people practise meditation alone.
C Meditation is a popular topic these days.
D Some people meditate using digital technology.
E Meditation isn't always the best solution.
F Meditation can help people concentrate.
G Some people are taught how to meditate.

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2 [Audio UT4.01] Listen again. Are the statements True (T) or False (F)?

1 Andrea says the meaning of the term 'meditation' can vary. T / F
2 Andrea believes that attitudes towards meditation have stayed the same. T / F
3 Meditation can help people improve their concentration. T / F
4 The long-term effects of meditation are unknown. T / F
5 Meditation is known to be more effective than medication in some situations. T / F
6 Guided meditation can help people achieve objectives. T / F
7 Unguided meditation can be more challenging than guided meditation. T / F
8 Andrea regularly uses apps to help her meditate. T / F

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READING

3 Read the article about how jobs may change in the future. Match the statements (1–5) with the people in the article (A–E).

1 I'm concerned about how some people will earn money. _____
2 I'm pleased that people will need to look after themselves better. _____
3 I'm positive about the future despite the threat of population growth. _____
4 I'm hopeful that people will accept changes in my profession. _____
5 I'm worried about how some people will pay for certain things. _____

5

Lifestyle 2050

Five professionals make predictions for how their professions will have changed by 2050.

A The farmer

There will be nearly 10 billion of us on the planet by 2050 so there will be many more mouths to feed. Not only that, but we'll be dealing with climate change and the problem of producing food more sustainably. However, I'm fairly optimistic about the ability of farmers to face the challenges of the future. Technological advances will enable us to reduce the carbon footprint of farming as well as increase food production. Some people will disagree with the new techniques, but it's possible that hunger will have become a thing of the past.

B The fitness instructor

The fitness industry will become more important in future as people begin to take their health more seriously. Although more people will be doing sedentary jobs, devices like smartwatches will be constantly telling them that they need to do more exercise. That's good news for the fitness industry because people will need gyms to help them stay in shape. Some of my colleagues worry that computers and robots will take over their jobs, but, personally, I think there'll still be a need for people like us. Motivation and encouragement are essential to personal fitness and, as far as I'm concerned, a robot won't be able to provide that.

C The architect

As population grows, there'll probably be some sort of housing crisis by 2050. The majority of people will be living in cities, and a lack of space means apartments will become smaller and smaller. Therefore, architects will need to come up with designs which save space. In addition to this, they'll need to work with more sustainable materials and make sure buildings use renewable energy. These are interesting challenges, which I'm sure we can overcome. However, my concern is that environmentally friendly housing is a lot more expensive than you might think. There are many people who won't be able to afford it.

D The supermarket manager

Shopping will have changed completely by 2050. Some people think we'll be doing all of our shopping online, but I doubt that will happen. The social aspect of going shopping will still be too important. The main difference will be that shops no longer have people working in them. Instead, we'll have installed video cameras, computers and robots which will manage everything for us. Furthermore, people won't even be paying with their mobile devices. Because these smart shops will recognise their customers, they'll be charged straight to their online account. It does sound exciting, but I'm actually quite worried about what people like me will do for a living.

E The police officer

Science fiction writers have come up with some unusual predictions for the police, like robot police officers and the ability to detect crimes before they happen. It might sound ridiculous, but I'm pretty sure that's what it will be like in 2050. Computers are already good at working out what people are thinking, so I'm sure they'll be able to predict crimes. At the same time, laboratories have already developed robotic dogs so it's likely the police will be using them in 2050. I know these predictions sound scary. However, I don't think people will mind because there'll be less crime on the streets and they won't be so afraid to go out. I'll certainly be a lot happier if policing ends up like that.