

Part 1: All About You! (The Verb 'To Be')

The verb '**to be**' is one of the most important verbs in English. We use it to talk about who we are, where we are from, our jobs, and our personalities.

The Forms of 'To Be'

Subject	Affirmative (+)	Negative (-)	Question (?)	Short Answer
I	am	am not	Am I...?	Yes, I am. / No, I'm not.
You	are	are not (aren't)	Are you...?	Yes, you are. / No, you aren't.
He/She/It	is	is not (isn't)	Is he/she/it...?	Yes, he/she/it is. / No, he/she/it isn't.
We	are	are not (aren't)	Are we...?	Yes, we are. / No, we aren't.
They	are	are not (aren't)	Are they...?	Yes, they are. / No, they aren't.

Examples:

- **Personal Information:** I **am** 21 years old. My name **is** Alex.
- **Nationality:** They **are** from Brazil. She **is** not Australian, she **is** Spanish.
- **City from:** We **are** from Valparaíso. **Are** you from Santiago?
- **Occupation:** My mother **is** a doctor. He **is** a student.
- **Personality Traits:** My friends **are** very funny. I **am** a shy person.

Exercises:

Exercise 1: Multiple Choice

Choose the correct form of the verb "to be."

1. Maria _____ a very kind person. a) am b) are c) is
2. My classmates _____ not from my country. a) am b) aren't c) isn't
3. _____ you a student at this university? a) Is b) Am c) Are

Exercise 2: Fill in the blanks

Complete the sentences with the correct form of 'to be' (am, is, are, am not, isn't, aren't).

1. My brother _____ a chef. He works at a restaurant.
2. We _____ from Argentina. We are from Mexico.
3. I _____ very tired today. I need to go to sleep early.
4. My parents _____ doctors; they are teachers.
5. What _____ your favorite hobby?

Exercise 3: Short Answer

Answer the questions about yourself.

1. What is your name?
2. Are you from this city?
3. What is your occupation?

Part 2: Your Daily Life (Simple Present)

We use the **Simple Present** to talk about routines and habits.

Time Expressions, Days, and Months

- **Time:** at 7:00 a.m., in the morning, in the afternoon, in the evening, at night.
- **Days:** on Monday, on the weekend.
- **Months:** in January, in July.

Frequency Adverbs

Frequency adverbs tell us **how often** we do something. They usually go **before** the main verb, but **after** the verb "to be."

- **Always** (100% of the time)
- **Usually** (80-90%)
- **Often** (70%)
- **Sometimes** (50%)
- **Never** (0%)

Examples:

- I **always** wake up at 7 a.m.
- He **is never** late for class.

Exercises:

Exercise 4: Label the activities Look at the schedule below and label the activities with the correct time.

Monday 7:00 AM: _____ 8:00 AM: _____ 1:00 PM: _____ 4:00 PM: _____

Exercise 5: Sequencing Put the sentences in the correct order to create a daily routine. Write the numbers 1-4.

___ I leave my home at 8 a.m. ___ I have dinner with my family at 7 p.m. ___ I wake up at 6 a.m. every day. ___ I go to my classes at the university.

Exercise 6: Fill in the blanks Complete the sentences with the correct simple present verb from the box.

starts study finish has walk eat

1. My classes usually _____ at 9 a.m.
2. I _____ to the university every day.
3. We _____ lunch at the university cafeteria.
4. My friend _____ a part-time job in the afternoon.
5. I _____ for my exams in the library.

Part 3: Free Time Activities (Third Person Singular)

When we talk about **he**, **she**, or **it**, the verb changes. We usually add **-s** to the end of the verb.

- He **plays** video games.
- She **watches** TV.
- It **runs** very fast.

Important Spelling Rules:

- Verbs ending in **-s**, **-sh**, **-ch**, **-x**, or **-o** add **-es** (e.g., **watch** -> **watches**, **go** -> **goes**).
- Verbs ending in a consonant + **-y** change the **-y** to **-i** and add **-es** (e.g., **study** -> **studies**).

Negatives and Questions: We use **does** and **doesn't** to form negatives and questions for **he**, **she**, and **it**. The main verb **does not** change.

- **Affirmative:** He **plays** soccer.
- **Negative:** He **doesn't** play soccer.
- **Question:** **Does** he **play** soccer?

Exercises:

Exercise 7: Matching

Match the sentence parts to create complete, correct sentences.

1. He often...
2. Does she...
3. My father doesn't...
4. She...
5. What does he...

...A. live in the city center. ...B. goes to the gym on weekends. ...C. do in his free time? ...D. watch movies with her friends? ...E. watches TV series.

Exercise 8: Multiple Choice

Choose the correct form of the verb.

1. My sister always _____ to music. a) listens b) listen c) listening
2. My friend _____ play the guitar very well. a) doesn't b) don't c) isn't
3. _____ your mother work on the weekends? a) Do b) Is c) Does

Part 4: Reading Comprehension

A Day in the Life of a University Student and Part-Time Worker

My name is Sofia, and I am a 20-year-old university student. My university is in the city center, and I live with my parents. I study engineering, and it is a very interesting subject. My days are busy, but I always have time for my family and friends.

During the week, I usually wake up at 7:00 a.m. I have a quick breakfast and then I get ready for my classes. My first class starts at 8:30 a.m., so I leave home early. I take the bus to university every day. I love listening to music on the bus. I have classes from the morning until the early afternoon. I often have lunch in the university cafeteria with my friends. We are very good friends, and we always talk about our studies and our future plans.

In the afternoons, I have a part-time job. I work in a small bookstore from 4:00 p.m. to 7:00 p.m. My boss, Mr. Williams, is a very kind person. He is 55 years old, and he is a great boss. He usually reads books in his free time. He loves classic literature. My job is to help customers find books and to organize the shelves. I enjoy my work a lot. After my job, I go home. I have dinner with my family and then I study for my exams. I sometimes watch a movie with my sister, but I am usually very tired.

On the weekends, my routine is different. I don't work on Saturdays. I often go to the park with my friends. We play soccer, or we just relax and talk. I also like to read books. I am a big fan of fantasy novels. On Sundays, I usually help my parents with the housework. My dad washes the car and my mom cleans the house. My sister likes to go for a run in the morning. My family is very important to me.

Reading Activities

Activity A: True or False

Read the text and decide if the sentences are true (T) or false (F).

1. Sofia is 21 years old. (T/F)
2. She lives in the city center. (T/F)
3. She usually drives to university. (T/F)
4. Sofia works in a bookstore on the weekends. (T/F)

Activity B: Short Answer Questions

Answer the questions based on the text.

1. What is Sofia's job?
2. What does Sofia do on the bus?
3. Who does Sofia have dinner with?
4. What does Sofia's father do on Sundays?

Activity C: Find and Copy

Find and copy the sentence that...

1. ...describes how Sofia's boss is.

2. ...says what Sofia's favorite books are.

Activity D: Vocabulary Matching Match the words from the text to their definitions.

1. Busy
2. Boss
3. Shelves
4. Housework
5. Fan

...A. A person who controls a business or an organization. ...B. A person who likes a particular thing a lot. ...C. The regular work of cleaning and tidying a house. ...D. Full of activity; not free. ...E. Long, flat pieces of wood or metal where you put books.