

Daily Routines Reading Activity



Reading Passage:

Hello! My name is Sarah. I am 13 years old. I live in London. I wake up at 7:00 every morning. First, I brush my teeth and wash my face. Then, I eat breakfast. I usually eat toast and drink milk.

After breakfast, I go to school. I have lunch at 12:30 at school. My favorite subject is English. School finishes at 3:00 p.m. After school, I do my homework and then I play with my friends.

In the evening, I have dinner with my family at 7:00 p.m. After dinner, I watch TV or read a book. I go to bed at 9:30 p.m. I like my daily routine because I can do many things every day!

Multiple Choice Questions:

1. What time does Sarah wake up?
 - a) 6:00 a.m.
 - b) 7:00 a.m.
 - c) 8:00 a.m.
 - d) 9:00 a.m.
2. What does Sarah eat for breakfast?
 - a) Cereal and juice
 - b) Toast and milk
 - c) Eggs and tea
 - d) Pancakes and water

3. What is Sarah's favorite subject?
 - a) Math
 - b) English
 - c) Science
 - d) History
4. What does Sarah do after school?
 - a) Watch TV only
 - b) Sleep
 - c) Do homework and play with friends

True or False Questions:

1. Sarah goes to bed at 9:30 p.m.
 2. Sarah eats lunch at 1:00 p.m.
 3. Sarah likes her daily routine.
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Matching Questions:

Match the time with the activity:

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| A) 7:00 a.m. | 1. Dinner with family |
| B) 12:30 p.m. | 2. Wake up |
| C) 3:00 p.m. | 3. School finishes |
| D) 7:00 p.m. | 4. Lunch at school |