

READING TEST

FULL NAME: _____ DATE: _____

1. Who wrote the blog post "Is Chocolate Really Good For You?"
 - a) Kelly
 - b) Nelly
 - c) Sally
 - d) Molly

2. According to Nelly, what is the secret to a "sweet" life?
 - a) Eating a lot of candy
 - b) Eating sugar every day
 - c) Quality, not quantity
 - d) Avoiding desserts

3. Which of these is NOT mentioned as a benefit of chocolate?
 - a) It can reduce your appetite
 - b) It can improve your heart
 - c) It can make you taller
 - d) It can give you energy

4. What should you check before buying chocolate?
 - a) The price
 - b) The ingredients
 - c) The brand name
 - d) The expiration date

5. What does Nelly say about eating chocolate?
 - a) Eating a lot of chocolate is always good
 - b) A little chocolate now and again won't hurt
 - c) Chocolate should be eaten every day in large amounts
 - d) Chocolate is bad and should be avoided