Unit 1: LIFE STORIES WE ADMIRE

III. Mark the letter A, B, C, or D to indicate the correct answer to each of the following questions.

1. Vo Nguyen Giap was widely recognized as a _____ genius for his pivotal role in leading Vietnamese forces during the First Indochina War and the Vietnam War.
A. military **B.** artistic **C.** musical **D.** literary

2. His mother got bent out of _____when he played video games until midnight.
A. colour **B.** shape **C.** eye **D.** board

3. As a journalist, her duty is to ___the truth behind illegal activities.
A. volunteer **B.** admire **C.** attend **D.** expose

4. Viet Quang _____himself to helping the needy in his neighbourhood.
A. admired **B.** devoted **C.** diagnosed **D.** attended

5. Her interesting _____of her trip to Thailand last year fascinated all of us.
A. rule **B.** biography **C.** account **D.** blockbuster

6. Having a difficult childhood did not hold her back; instead, it inspired her to devote her life to social work, helping others _____ similar challenges.
A. observe **B.** note **C.** overcome **D.** protect

7. Her biological parents were unable to raise her, so she was _____by a family who provided her with a loving home.
A. adopted **B.** adapted **C.** advertised **D.** admitted

8. Jobs met Steve Wozniak and they quickly _____over their love of electronics, a shared passion that would eventually lead to the founding of Apple.
A. bonded **B.** connected **C.** united **D.** argued

9. Thomas Edison's _____achievement in developing the first practical electric light bulb revolutionized the way the world illuminated the night.
A. impress **B.** impressive **C.** impression **D.** impressively

10. Vo Thi Sau _____ attacks against French colonial forces, becoming a symbol of resistance and courage in Vietnam's struggle for independence.
A. carried out **B.** got over **C.** came across **D.** went on

11. Even though Susan was _____with breast cancer, she remained positive.
A. dedicated **B.** admired **C.** volunteered **D.** diagnosed

12. Parents who are too busy with their work find it hard to ___with their children.
A. adopt **B.** devote **C.** bond **D.** investigate

13. They were so when they heard that their son was safe.
A. anxious **B.** relieved **C.** depressed **D.** embarrassed

14. I am extremely _____to all frontline workers who have been trying to save people.
A. grateful **B.** investigative **C.** amazed **D.** anxious

15. The travel agency will send you the detailed _____when they receive your money.
A. genius **B.** duty **C.** achievement **D.** itinerary

16. Mr. Viet_____his time and energy to giving free English lessons for poor children.
A. admires **B.** devotes **C.** diagnoses **D.** attends

17. We ____ to the hospital to visit Mike when he ____ to say that he was fine.
A. were driving - was calling B. drove - called
C. were driving – called D. drove - was calling

18. What ____ to you on Sunday night?
A. happen B. happened C. was happening D. would happen

19. Last night, we ____ for you for ages but you never ____ up.
A. waited – showed B. would wait - showed
C. were waiting - were showing D. waited – was showing

20. We ____ our quality time when the unexpected guess ____.
A. had – came B. were having - came
C. had been having – came D. have had – would have come

21. Since they ____ us they ____ to visit us last Sunday, we ____ forward to the day.
A. were telling - came - looked B . would tell – would visit - would look
C. told – would come - were looking D. tell - are coming - will look

22. He gave us a thrilling_of his experiences on the battlefield.
A. rule **B.** biography **C.** account **D.** blockbuster

23. His_parents passed away in a tragic accident.
A. biological **B.** ambitious **C.** cutting-edge **D.** creative

24. At the age of 30, she was_____with a rare form of breast cancer.
A. dedicated **B.** admired **C.** volunteered **D.** diagnosed

25. When I was in college, I_____with a man because we both shared a passion for detective novels.
A. adopted **B.** devoted **C.** bonded **D.** attended

26. Many Vietnamese young men volunteered to join the army during the_____war against France.
A. resistance **B.** biography **C.** account **D.** experience

27. I ____ out last night but at the last minute I ____ that I had a quiz this morning.
A. was going to go – realized B. went – realized
C. had gone – would realize D. would go - have realized

28. She hasn't paid as much attention to her children as she ____ since she ____ working.
A. does – starts B. did - started
C. was doing - was starting D. has done - would start

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29. My brother ____ at the road when he ____ into a hole.
A. wasn't looking - was falling B. didn't look - has fallen
C. wasn't looking – fell D. won't look - fall
30. Magellan ____ the first European who ____ through the strait.
A. was - was sailing B. was being - was sailing
C. had been – sailed D. was - sailed
31. The first self-sufficient village in Britain ____ the Norman's idea. They were some strange invaders who ____ to change the country in a better way.
A. was – hoped B. is - have hoped
C. have been - were hoping D. was being - had hoped
32. We_a documentary about war heroes at 8.30 P.M. last Friday.
A. watched **B.** have watched **C.** were watching **D.** are watching
33. I was reading an online article about General Vo Nguyen Giap when my friend_____.
A. calls **B.** is calling **C.** has called **D.** called
34. Many soldiers sacrificed their lives for the country during the_____war.
A. resistance **B.** biography **C.** account **D.** experience
35. When we____leisurely along the beach, a man approached us.
A. are strolling **B.** were strolling **C.** stroll **D.** have strolled
36. They were taking selfies while the tour guide____the itinerary.
A. explains **B.** is explaining **C.** has explained **D.** was explaining
37. Her parents were chatting about the news when she_____home.
A. comes **B.** is coming **C.** came **D.** has come
38. I _____ in the park when I _____ my old school friend.
A. jogged, saw **B.** was jogging, saw **C.** was jogging, was seeing D. jogged, was seeing
39. Her innovations in software development are now _____ to a wide range of users.
A. accessible **B.** successful **C.** available **D.** beneficial
40: His invention was not only innovative but also introduced _____ technology to the market.
A. full-length **B.** traditional **C.** cutting-edge **D.** standard
41: She always _____ to improving the community and her efforts are still celebrated today.
A. devoted **B.** respected **C.** admired **D.** concentrated

IX. Read the following advertisements and mark the letter A, B, C, or D on your answer sheet to indicate the correct option that best fits each of the numbered blanks from 11 to 16.

AN UNFORGETTABLE NIGHT!

Don't miss Taylor Swift's 2024 concert!
Sing along (11) ___her top hits
Dance with the lively crowd
Create (12) _lasting memories with friends.
Save the date for 13/7/2024 at Stella Stadium, IngleWood, CA8987 USA.
(13) _your tickets now for an evening filled with joy and music.
Don't hesitate – secure your spot for an unforgettable night!

Question 11. A. at **B.** to **C.** on **D.** of

Question 12. A. an **B.** the **C.** a **D.** Ø (no article)

Question 13. A. Bond **B.** Devote **C.** Book **D.** Admire

VAN GOGH ART DISCOVERY!

- Get to know famous artworks (14) _____"Starry Night" and "Sunflowers"
- Discover Van Gogh's life through (15) _____displays
- Enjoy clear audio guides
- Fun (16) _____for families with little ones
- Tickets: Adults $12, Students $8, Kids (under 10) free Contact us:
- Email: info@vangoghexpo.com
- Address: 123 Artful Lane, Palette City

Question 14. A. if **B.** as though **C.** as if **D.** like

Question 15. A. fascinate **B.** fascination **C.** fascinating **D.** fascinatingly

Question 16. A. habits **B.** traditions **C.** activities **D.** memories

Mark the letter A, B, C, or D on your answer sheet to indicate the correct arrangement of the sentences to make meaningful letter for the following question.

Question 17.

a. I visited a beautiful place with a fascinating itinerary that allowed me to explore the local culture and scenery.
b. I can't wait to tell you more about it when we meet.
c. I took some selfies at breathtaking landmarks, capturing the memories that will last a lifetime.
d. Dear Mark, I hope this letter finds you well.
e. The people I met and the places I visited made me appreciate the diversity and beauty of our world.
f. I wanted to share with you about my recent life-changing trip.

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A. d – e – a – b – f – c
B. d – f – b – a – c – e
C. d – f – a – c – e – b
D. d – f – c – e – a – b

Question 18.

a. Secondly, her achievements are remarkable; she became the youngest Indian woman to receive a Nobel award for her efforts.
b. Dear Laura, I hope you are well.
c. Her story is truly inspiring, and I believe her commitment to making a positive impact in the world deserves praise.
d. Additionally, Malala has volunteered in various communities, providing educational opportunities for underprivileged children.
e. Firstly, Malala is an inspiring young woman who has dedicated her life to advocating for girls' education.
f. I wanted to share with you someone I truly admire – Malala Yousafzai.

A. b – f – e – a – d – c
B. b – f – e – c – a – d
C. b – f – e – a – c – d
D. b – f – d – e – a – c

X: Mark the letter A, B, C, or D on your answer sheet to indicate the correct option that best fits each of the numbered blanks from 1 to 5.

Donald John Trump is the 45th President of the United States, in office since January 20, 2017. In addition to being a politician, he is a successful business magnate and television personality as well. The son of a wealthy real estate developer, Trump attended the Wharton School of the University of Pennsylvania (1) _____. He owned several beauty pageants and ventured into reality television as well. (2) _____, he entered national politics in the early 2000s and set his eyes on the presidential office. As a politician, his career was marred by allegations of sexual misconduct and he also earned much 3) ____ for his extravagant lifestyle and controversial comments on immigrants from Islamic nations. (4) _____ Trump ran for the 2016 presidential election as a Republican and defeated Democratic candidate Hillary Clinton in a surprise victory. Donald Trump is the first person to assume presidency without prior military or government service and at 70, (5) _____.

1. A. before taking charge of his family's business
B. Between taking charge of his family's business
C. after taking charge of his family's business
D. Without taking charge of his family's business
2. A. Expanding the horizons of his ambitions
B. Reducing the horizons of his ambitions
C. Admiring the horizons of his ambitions
D. Diagnosing the horizons of his ambitions
3. A. criticism
B. accusation
C. blame
D. conviction
4. A. Thanks to the controversies surrounding him,
B. Despite the controversies surrounding him,
C. With the controversies surrounding him,
D. Other than the controversies surrounding him,
5. A. she is also the oldest one to assume the office
B. he is also the oldest one to invest the office
C. she is also the oldest one to participate the office
D. he is also the oldest one to assume the office

XI: Read the following passage and mark the letter A, B, C, or D to indicate the correct answer to each of the questions from 1 to 5.

Steve Jobs, a genius in the world of technology, was born in 1955 and adopted by a working-class family. He dropped out of college, taking a leap into the unknown, where he found his passion for technology and creativity.

In 1976, Jobs met Steve Wozniak, and together **they** founded Apple, a company that would revolutionise the computer industry with cutting-edge innovations. Apple's Macintosh computer and the iconic iPhone are testaments to Jobs' commitment to cutting-edge design and user-friendly technology.

Apart from his work at Apple, Jobs also played a significant role in the success of Pixar Animation Studios, where he contributed to the creation of the first computer-animated film, Toy Story. Despite facing **setbacks**, such as being diagnosed with cancer, Jobs continued to lead Apple until his passing away in 2011.

His legacy lives on through the products and innovations that have shaped the way people live and work in the digital age.

1. What does the passage mainly discuss?
A. Steve Jobs' academic achievements
B. Steve Jobs' life and achievements
C. Steve Jobs' rare disease
D. Steve Jobs' first company
2. According to paragraph 1, which of the following is NOT stated about Steve Jobs?
A. He was adopted by a working-class family.
B. He found a passion for technology from childhood.
C. He didn't finish his college education.
D. He's a genius in the world of technology.
3. The word **they** in paragraph 2 refers to _____.
A. cutting-edge innovations
B. Apple's Macintosh computer and iPhone
C. Jobs and Steve Wozniak
D. design and technology
4. The word **setbacks** in paragraph 3 is opposite in meaning to __.
A. difficulties
B. advantages
C. results
D. influences
5. Which of the following is true about Steve Jobs?
A. He contributed to the success of Pixar Animation Studios.
B. He established Apple without the help of Steve Wozniak.
C. He didn't lead Apple when he was diagnosed with cancer.
D. His ambition was to shape the way people lived and worked

XII. Read the following passage and mark the letter A, B, C, or D to indicate the correct word or phrase that best fits each of the numbered blanks.

Regular routines can help people feel like they have control over their daily lives and that they can take positive steps **(1)** _____ managing their health. For example, making time for exercise within routines can help meet recommended daily activity levels. This is especially relevant now, **(2)** _____ research shows that people who reduced their activity levels during the pandemic could experience enduring health effects. As people increase activity outside their homes, they might **(3)** _____ taking transit to school and work, returning to organised fitness activities and the gym and opportunities to include movement throughout the day. **(4)** _____ ways that routines can support health include regular meal preparation and getting enough sleep, activities **(5)** _____ seem simple but can give positive results in healthy ageing over a lifetime.

Adapted from https://theconversation.com/what-you-do-every-day-matters-the-power-of- routines-178592

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Question 1: A. on B. in C. of D. from
Question 2: A. but B. yet C. since D. despite
Question 3: A. consider B. use C. need D. open
Question 4: A. other B. another C. lot of D. few
Question 5: A. when B. where C. who D. which

XIII. Read the following passage and mark the letter A, B, C or D to indicate the correct answer to each of the questions.

Mental health issues such as anxiety and depression were a leading cause of global health problems even before the spread of COVID-19; however, **they**'ve gotten worse. Since the first year of the COVID-19 pandemic, anxiety and depression rates worldwide have increased by an overwhelming 25%. In the U.S, 4 in 10 adults have reported symptoms of anxiety or depression during the pandemic, compared with 1 in 10 from January to June 2019.

Among the most affected are young adults and women. The **surge** in people struggling with mental illnesses has coincided with gaps in mental care services as well.

Research suggests that the pandemic has exacerbated the impacts of loneliness. Additionally, people's fear of missing out, also known as FOMO, hasn't decreased even since in-person social gatherings became less frequent. But small daily actions - such as a short walk, break from social media or even a catnap - can add up to have an impact on mental health. Separately, counselling, therapy and medication prescribed by health care providers are effective treatments for those experiencing mental illness.

Adapted from: https://theconversation.com/the-power-of-short-breahs-movement-and-other practices-on-improving-mental-health-4-essential-reads-187413

Question 1: Which of the following can be the best title for the passage?
A. How to Handle Mental Illness B. Mental Health - an Alarming Issue
C. The Effect of Covid-19 D. Fomo
Question 2: The word **"they"** in paragraph 1 refers to _____.
A. global health problems B. symptoms
C. mental health issues D. adults
Question 3: The word **"surge"** in paragraph 2 is closest in meaning to _____.
A. growth B. decline C. view D. situation
Question 4: According to paragraph 1, which of the following is TRUE?
A. Mental illness is not a worldwide problem.
B. The rates of anxiety and depression experienced an increase by 25% in the first year of COVID-19.
C. 4 in 10 adults in the US show symptoms of depression and anxiety before June 2019.
D. Mental health issues have not changed since COVID-19.
Question 5: Which of the following is NOT true according to the passage?
A. The influences of loneliness got worse during the pandemic.
B. There are many kinds of treatments to tackle mental health issues.
C. Even though now there are fewer in-person social meetings, the number of people having FOMO has not reduced.
D. Young adults and men are the highest number of people suffering from mental illnesses.

XIV. Read the following passage and mark the letter A, B, C or D to indicate the correct answer to each of the questions.

The average daily time spent online by adults increased by nearly an hour during the UK's spring lockdown when compared to the previous year, according to communications regulator Ofcom, with numerous countries back under severe pandemic restrictions, many of us once again find ourselves questioning whether our heavy reliance on technology is impacting our health.

It's true that digital devices have provided new means of work, education, connection, and entertainment during lockdown. But the perceived pressure to be online, the tendency to **procrastinate** to avoid undertaking tasks, and the use of digital platforms as a way to escape stress all have the potential to turn healthy behaviours into habits. This repetitive use can develop into addictive patterns, which can in turn affect a user's wellbeing.

Digital addiction refers to the addictive and excessive use of digital devices. The design of digital platforms themselves contributes to this addictive use. Notifications, news feeds, likes and comments have all been shown to contribute towards a battle for your attention, which leads users to increase the time **they** spend looking at screens.

Screen time is an obvious measure of digital addiction, although researchers have noted that there is no simple way to determine how much screen time one can experience before it becomes problematic. As such, there is a continued lack of **consensus** on how we should think about and measure digital addiction.

During a global pandemic, when there often feels like no alternative to using Netflix, or video conferencing with friends and family, screen time as an indicator of digital addiction is clearly ineffective. Nonetheless, research conducted on preventing digital addiction does provide insights on how we can all engage with our digital technologies in a healthier way during a lockdown.

Adapted from: https://theconversation.com/five-ways-to-manage-your-screen-time-in-a- lochdown-according-to-tech-experts-152715

Question 1: Which of the following can be the best title for the passage?
A. Digital Addiction During Pandemic Lockdown B. The Effect of Covid-19 Lockdown
C. Forms of Digital Entertainment D. Research about Digital Addiction
Question 2: The word **"procrastinate"** in paragraph 2 is closest in meaning to _____.
A. complete B. push C. delay D. extend
Question 3: The word **"they"** in paragraph 3 refers to _____.
A. notifications B. users C. digital platforms D. researchers
Question 4: The word **"consensus"** in paragraph 3 is closest in meaning to _____.
A. research B. repetition C. discord D. agreement
Question 5: Which of the following can be inferred from the passage?
A. The way to measure digital addiction needs to be studied more.
B. Digital addiction happens when people use digital devices moderately.

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C. The design of social platforms is not related to overuse of digital devices.
D. It is not hard to decide the problematic amount of screen time.

Question 6: Which of the following is NOT TRUE according to the passage?

A. During the spring lockdown, the daily amount of time people spend online increased by nearly one hour compared to the previous year.
B. Digital devices create a new means of entertainment.
C. The use of digital platforms cannot become addictive.
D. People use digital platforms to escape from anxiety.

Question 7: Which of the following is TRUE according to the passage?

A. Overuse of digital devices can have a negative health effect.
B. Notifications and news feeds do not distract you from other things.
C. People cannot connect with their family during lockdown.
D. People have to completely get rid of digital devices to be healthy.

The End

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