B08

IMPERATIVES

by Julian Conde

I. Write the name of the illness.








II. Complete with the verbs from the box.

- ☑ _____ your hands before eating.
- ☑ _____ your teeth twice a day.
- ☑ _____ plenty of water every day.
- ☑ _____ enough sleep to stay energized.
- ☑ _____ more fruits and vegetables for vitamins.
- ☑ _____ sugary snacks to protect your teeth.








drink
eat
don't eat
wash
brush
get

III. Match the imperative with the situation.

1. You had a fight with a friend. ___ 😊 Stay positive and avoid stress.
2. You are nervous for an exam. ___ 📵 Take breaks from screens to rest your eyes.
3. You work with a computer. ___ 🧠 Practice deep breathing when feeling anxious.
4. You can't control anxiety. ___ 💬 Talk to someone if you feel upset.



LIVEWORKSHEETS