

IMPERATIVES

by Julian Conde

I. Write the name of the illness.



II. Complete with the verbs from the box.

 your hands before eating.

drink

 your teeth twice a day.

eat

 plenty of water every day.

don't eat

 enough sleep to stay energized.

wash

 more fruits and vegetables for vitamins.

brush

 sugary snacks to protect your teeth.

get

drink
eat
don't eat
wash
brush
get

III. Match the imperative with the situation.

1. You had a fight with a friend.

 😊 Stay positive and avoid stress.

2. You are nervous for an exam.

 🕵️ Take breaks from screens to rest your eyes.

3. You work with a computer.

 🧠 Practice deep breathing when feeling anxious.

4. You can't control anxiety.

 💬 Talk to someone if you feel upset.