

## IMPERATIVES

by Julian Conde

### I. Write the name of the illness.




















### II. Complete with the verbs from the box.

- ✓ \_\_\_\_\_ your hands before eating. 
- ✓ \_\_\_\_\_ your teeth twice a day. 
- ✓ \_\_\_\_\_ plenty of water every day. 
- ✓ \_\_\_\_\_ enough sleep to stay energized. 
- ✓ \_\_\_\_\_ more fruits and vegetables for vitamins. 
- ✓ \_\_\_\_\_ sugary snacks to protect your teeth. 

drink  
eat  
don't eat  
wash  
brush  
get

### III. Match the imperative with the situation.

- |                                   |                                                     |
|-----------------------------------|-----------------------------------------------------|
| 1. You had a fight with a friend. | ___ 😊 Stay positive and avoid stress.               |
| 2. You are nervous for an exam.   | ___ 📺 Take breaks from screens to rest your eyes.   |
| 3. You work with a computer.      | ___ 🧠 Practice deep breathing when feeling anxious. |
| 4. You can't control anxiety.     | ___ 💬 Talk to someone if you feel upset.            |

