

## Daily Routines

1. Listen to the video (<https://youtu.be/mPZSojIMZn4>) and complete the sentences with the **frequency adverbs** from the word bank

sometimes	never	usually	sometimes	always
occasionally	always	sometimes	rarely	

- Sophie \_\_\_\_\_ wakes up around 7 am.
- She \_\_\_\_\_ gets up too late.
- Finn \_\_\_\_\_ gets the tube (subway).
- He pretty much \_\_\_\_\_ has lunch at one or two everyday.
- Some days Sophie can escape a little bit earlier. That happens \_\_\_\_\_.
- Finn promises he will \_\_\_\_\_ tell de boss.
- Finn \_\_\_\_\_ cooks. He \_\_\_\_\_ eats in a restaurant and \_\_\_\_\_ eats with friends.

2. Complete the scale with the adverbs you used above:

always		often				never
100%	80%	60%	50%	30%	20%	0%

Another way to say rarely is *seldom*.