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Foods and Beverages

Idli



Burger



Ice cream



Cake



Milk



Bread



Tea



Chole Bhature



Soup



Chapati



Dhokla



Cold drink



Rice



Pizza



Momos



Curd



Salad

Fact O Pedia

- We should avoid junk food.
- Chapatis are made from flour.
- Milk is known as complete food.
- Food helps our body to grow.

