

WHAT'S IN YOUR LUNCHBOX?

Exercise 1

Unscramble the letters. Match the words to the correct group.

RAEP



pear

RETTUB



SNAEB



SEIRF



ILOCCORB



TRUHGoy



LAEREC



SELDOON



TAEM



SEPARG



NOINO



ETALOCOHC



Fruits

Vegetables

Protein

Dairy

Sweet & Fats

Grains

orange
tomato
ice cream
egg
burger
cheese
rice
cake
fish
potato
bread
banana

Exercise 2

Write **have got** or **haven't got**.



I _____
a watermelon.



I _____
a cabbage.



I _____
some nuts.



I _____
some biscuits.

Exercise 3

Read the text. Choose the correct answer.



Hello! I'm Quin.

Today, I have got my lunchbox. Let's open it!

I have got an apple. Apples are fruits and have a lot of vitamin C. I have got some carrots. Carrots are vegetables. They are good for my eyes. I have got some pasta and chicken. Pasta is grain, and chicken is protein. They help me grow strong and fit.

I haven't got any candies. They have a lot of sugar. Sugar is bad for my teeth. I haven't got any chips. Chips are salty and greasy. They are not good for my body.

My lunchbox is healthy and delicious! What have you got in your lunchbox?

What's in Ms.Quin's lunchbox?



Exercise 4

Draw and write about your lunchbox.



1. What food have you got?
2. What food haven't you got?
3. Is your lunchbox healthy or unhealthy?
