

Name:

Class:

PART 1 - LISTENING

Listen to this audio and then write down what you hear:



QUESTIONS

Answer the questions below. Choose the correct answer:

1) What time does Max wake up?

2) What does Max have for breakfast?

3) Does he takes the train for school?

4) Does Marcos hate playing football with his friends?

PART 2 - READING

A DAY IN MIA'S LIFE

Hello, I'm Mia! I'm 15 years old, and I live in a small town with my family. My weekdays are very busy, but I like them. I wake up every day at 6:30 a.m. and have a quick breakfast. I usually eat cereal and drink orange juice. Then, I get ready for school. I walk to school because it's close to my house, and I like walking in the morning. My classes start at 8:00 a.m. and finish at 2:30 p.m. My favorite subjects are English and art.

After school, I sometimes meet my friends at the park, but if I have a lot of homework, I go straight home. I usually study for about two hours. At 6:00 p.m., I have dinner with my family. We often eat pasta or chicken with vegetables. In the evening, I like to relax. I usually watch TV, play video games, or read a book. I go to bed at around 10:30 p.m. I love my routine because it keeps me active and happy.



QUESTIONS

Answer the questions below. Choose the correct answer:

1) What time does Mia wake up?

☐ 7:00 a.m. ☐ 6:30 a.m. ☐ 8:00 a.m.

2) What does Mia usually eat for breakfast?

3) How does Mia go to school?

4) What time do Mia's classes start?

5) What is Mia's favorite subject?

☐ Science ☐ Math ☐ English

6) Where does Mia go after school if she has a lot of homework?

☐ To the park ☐ To her friend's house ☐ home

7) How long does Mia study in the afternoon?

☐ One hour ☐ Two hours ☐ Three hours

8) What does Mia usually have for dinner?

☐ Pizza ☐ Pasta or chicken ☐ Soup

9) What does Mia do in the evening to relax?

☐ Goes jogging ☐ Watches TV or plays video games ☐ Cleans the house

10) What time does Mia go to bed?

☐ 9:30 p.m. ☐ 10:00 p.m. ☐ 10:30 p.m.



WRITING ACTIVITY

Write a short paragraph about your daily routine. Use the questions below to help you:

- What time do you wake up?
- What do you have for breakfast?
- What are your favorite subjects?
- What do you do after school?
- What do you do in the evening?
- What time do you go to bed?



TELLING THE TIME

What time is it?

1) ⌚ It's 4:15.

() It's quarter to four. () It's quarter past four. () It's half past.

2) ⌚ It's 10:30.

() It's half past ten. () It's ten to eleven. () It's quarter past ten.

3) ⌚ It's 8:45.

() It's half past eight. () It's quarter past eight. () It's quarter to nine.

4) ⌚ It's 1:00.

() It's one o'clock. () It's half past one. () It's quarter to one.

5) ⌚ It's 2:15.

() It's quarter past two. () It's quarter to two. () It's quarter to two. o'clock.



ADVERBS OF FREQUENCY

Choose the correct answer:

1) I _____ go to the gym on weekends. (100% of the time)

() Never () Always () Rarely

2) My brother _____ eats vegetables. He hates them. (0% of the time)

() Sometimes () Usually () Never

3) We _____ go to the beach in summer. (80% of the time)

() Rarely () Almost never () Often

4) She _____ arrives late to class. (50% of the time)

() Always () Never () Sometimes

5) They _____ play soccer after school. (20% of the time)

() Often () Hardly ever () Always

6) We _____ visit our grandparents on holidays. (60% of the time)

() Usually () Never () Rarely