

EXERCISE 1

Sort the words into the correct columns.

five hours	a long time	July	she was born	7.30pm	
five minutes a day	midnight	last week	30 seconds	two decades	
2001	noon	the beginning	you ate dinner	my wedding	52 years

FOR

SINCE

EXERCISE 2

Complete each sentence with either **since** or **for**.

- A. I haven't eaten anything _____ breakfast.
- B. My parents have been married _____ 25 years.
- C. I studied _____ 3 hours last night.
- D. This building has been abandoned _____ 1967.
- E. Amy went camping _____ 4 days.
- F. It's been raining _____ noon.
- G. Mum is angry because I haven't cleaned my room _____ last week.
- H. I only fell asleep _____ 30 minutes.
- I. He's been president _____ two decades.

EXERCISE 3

Complete the sentences however you like.

- A. She hasn't brushed her hair for _____.
- B. I haven't called him since _____.
- C. Tomas has been cooking for _____.
- D. The puppy has been missing since _____.
- E. My friends went hiking for _____.
- F. _____ since last Monday.
- G. _____ for 100 years.
- H. _____ for 2 minutes.
- I. _____ since lunchtime.