

UNIT 1: A healthy life

1. Match



1. DO HOMEWORK 2. GET DRESSED 3. GET UP 4. GO ONLINE
 5. TAKE THE RUBBISH OUT 6. RECYCLE 7. USE A FABRIC BAG
 8. EAT FRUIT 9. DO EXERCISE 10. DO THE SHOPPING



2. Write other daily activities

3. Listen to Bianca and Selena and put the activities in the order Bianca does them. There is one extra activity in the list below. Which is it?



- brush my teeth
- have a snack
- do my homework
- watch tv
- put on my pyjamas
- wash the dishes



- take a shower

4. - listen again and write the activities that were not included in exercise 2.

5. Read and answer the questions

- a. What's the robot's name?
- b. What jobs does he do?
- c. Which job is he good at?
- d. What things does he do wrong?

This is our robot. His name's Quasar. He does lots of jobs in the house. He normally sets the table, but he never puts the knives and forks in the right place.

Quasar always tidies my room, but he doesn't often put things in the right places. My chair is usually in the wardrobe.

Quasar normally loads the dishwasher, but he always breaks some plates and cups.

He normally makes my bed, but he sometimes makes the bed when I'm in it.

But I like Quasar. I've usually got a lot of homework and Quasar helps me with it. He's always brilliant at that! So, Quasar, you're great!

Frequency adverbs

Always	★★★★★★
Usually	★★★★★
Normally	★★★★
Often	★★★
Sometimes	★★
Hardly ever	★
Never	

- How often do you do these activities?

Sam/ wash the dishes

★★★

I / take out the recycling

★★★★★★

Paul and hanna / have lunch at school.

1 Complete each sentence with *am, is, or are*.

- 1 This~~is~~..... my family.
- 2 These my parents.
- 3 Lucy English.
- 4 We in the garden.

- 5 This her pen.
- 6 Maria and Anna students.
- 7 My dog happy.
- 8 I happy.