

Let's Practice!

Unit 8



NAME: _____

DATE: _____

A- Match 1–6 with a–f.

- | | |
|-----------------------------------|--|
| 1 Adam and Luke often hang | a with his sister about TV programmes. |
| 2 Naomi gets on really well | b at me when she's angry. |
| 3 Chris sometimes argues | c out with their friends after school. |
| 4 Jade's funny – she always makes | d after my little brother. |
| 5 My sister shouts | e us laugh. |
| 6 When my mum's at work I look | f with her cousins. |

C. Find seven verbs in the word search.

Use them to complete the sentences.

I	J	W	I	N	V	I	T	E	H
A	F	D	F	T	X	J	S	Z	E
C	Y	G	R	D	D	T	J	P	L
E	N	I	F	S	S	H	S	I	P
C	X	V	R	R	Y	A	M	C	G
P	J	E	L	H	X	N	I	K	W
C	E	E	H	T	X	K	L	U	H
N	O	F	F	E	R	O	E	P	Z
P	E	K	R	A	I	S	E	V	E
H	D	Z	D	Y	B	K	L	M	J

I sometimes **invite** my elderly neighbour to have a coffee at my house.

- Don't forget to _____ your grandma for your birthday present.
- You should _____ at everyone you see.
- I _____ blood at the hospital twice a year.
- It's kind to _____ your seat to old people on the bus.
- Please _____ your litter when you leave the beach.
- Sara and Julia often _____ their mum with the washing up.
- James is going to run a marathon to _____ money for charity.

B- Choose the correct answers.



Mark said sorry **with / to** Ana and gave her flowers.



My dad gets angry **with / at** me if I'm late home.



Sarah is very kind **to / with** old people.



I was upset yesterday because Joe was very **rude / kind** to me.



Mia sometimes looks **for / after** her little sister.



I get on well **with / to** everyone in my family.

D. Complete the sentences with the present perfect of the verbs in brackets and for or since.

My grandparents **have had** (have) their dog **for** four years.

- James _____ (live) in London _____ he was five.
- Philip _____ (not see) his cousins _____ three years.
- Anna and David _____ (be) married _____ five years.
- Sophie _____ (not tidy) her room _____ three weeks!
- It _____ (not snow) in our town _____ 2018.
- We _____ (not be) to the cinema _____ a long time.

LISTENING

- 3 ① 8.7 Listen to the interview about kindness.
Tick (✓) the things that are mentioned.

- World Kindness Day
- 1 Kindness Festivals
- 2 kind neighbours
- 3 how healthy people are
- 4 how kind people are
- 5 the negative effects of kindness
- 6 the positive effects of kindness
- 7 big acts of kindness
- 8 small acts of kindness

✓

- 4 ① 8.7 Listen to the interview again. Choose the correct answers.



Dr Massoud has studied how kindness changes our *minds* / *bodies*.

- 1 Dr Massoud asked 250 / 150 people about how kind they were.
- 2 Kind people have *shorter* / *longer* lives than unkind people.
- 3 People are usually healthier when they feel *happy* / *sad*.
- 4 Kind people usually have *more* / *fewer* friends than unkind people.
- 5 Acts of kindness are good for your *brain* / *heart*.

GOOD LUCK! 😊