

Science Form 2 - Chapter 5: Health and Diseases Quiz

Section A: Multiple Choice Questions (MCQ)

1. What is the main function of carbohydrates?

- a) Build muscles
- b) Provide energy
- c) Produce antibodies
- d) Regulate body temperature

2. Dengue fever is spread by:

- a) Drinking dirty water
- b) Touching infected person
- c) Aedes mosquito
- d) Air

3. Which of the following is a non-communicable disease?

- a) Influenza
- b) Tuberculosis
- c) Cancer
- d) COVID-19

4. Which food contains high protein?

- a) Bread
- b) Banana
- c) Chicken
- d) Butter

Section B: Fill in the Blanks

5. The organ that produces antibodies is the _____.

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6. _____ is a communicable disease caused by protozoa.
7. We need to drink enough _____ to keep our body hydrated.
8. The _____ line of defence includes the skin and mucus.

Section C: Matching (Padankan)

Match the disease to its pathogen:

Tuberculosis - _____

Dengue - _____

Athlete's Foot - _____

Malaria - _____

Section D: True or False

9. Obesity can be spread from one person to another. _____
10. Vaccination helps to build immunity against diseases. _____
11. Fibre helps in digestion and prevents constipation. _____
12. Cancer is a communicable disease. _____