Science Form 2 - Chapter 5: Health and Diseases Quiz

Section A: Multiple Choice Questions (MCQ)

1. What is the main function of carbohydrates?
   a) Build muscles
   b) Provide energy
   c) Produce antibodies
   d) Regulate body temperature

2. Dengue fever is spread by:
   a) Drinking dirty water
   b) Touching infected person
   c) Aedes mosquito
   d) Air

3. Which of the following is a non-communicable disease?
   a) Influenza
   b) Tuberculosis
   c) Cancer
   d) COVID-19

4. Which food contains high protein?
   a) Bread
   b) Banana
   c) Chicken
   d) Butter

Section B: Fill in the Blanks

5. The organ that produces antibodies is the _____.

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6. _____ is a communicable disease caused by protozoa.

7. We need to drink enough _____ to keep our body hydrated.

8. The _____ line of defence includes the skin and mucus.

Section C: Matching (Padankan)

Match the disease to its pathogen:

Tuberculosis - _____

Dengue - _____

Athlete's Foot - _____

Malaria - _____

Section D: True or False

9. Obesity can be spread from one person to another. _____

10. Vaccination helps to build immunity against diseases. _____

11. Fibre helps in digestion and prevents constipation. _____

12. Cancer is a communicable disease. _____

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