

Science Form 2 - Chapter 5: Health and Diseases Quiz

Section A: Multiple Choice Questions (MCQ)

1. What is the main function of carbohydrates?
 - a) Build muscles
 - b) Provide energy
 - c) Produce antibodies
 - d) Regulate body temperature

2. Dengue fever is spread by:
 - a) Drinking dirty water
 - b) Touching infected person
 - c) Aedes mosquito
 - d) Air

3. Which of the following is a non-communicable disease?
 - a) Influenza
 - b) Tuberculosis
 - c) Cancer
 - d) COVID-19

4. Which food contains high protein?
 - a) Bread
 - b) Banana
 - c) Chicken
 - d) Butter

Section B: Fill in the Blanks

5. The organ that produces antibodies is the _____.

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6. _____ is a communicable disease caused by protozoa.
7. We need to drink enough _____ to keep our body hydrated.
8. The _____ line of defence includes the skin and mucus.

Section C: Matching (Padankan)

Match the disease to its pathogen:

- Tuberculosis - _____
- Dengue - _____
- Athlete's Foot - _____
- Malaria - _____

Section D: True or False

9. Obesity can be spread from one person to another. _____
10. Vaccination helps to build immunity against diseases. _____
11. Fibre helps in digestion and prevents constipation. _____
12. Cancer is a communicable disease. _____