

## Unit 1: LIFE STORIES WE ADMIRE

**I. Mark the letter A, B, C or D on your answer sheet to indicate the word which has the underlined part pronounced differently from the others in each of the following questions.**

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|--------------------------|------------------------|----------------------|------------------------|
| 1. A. <u>peace</u>       | B. <u>threat</u>       | C. <u>death</u>      | D. <u>bread</u>        |
| 2. A. <u>diary</u>       | B. <u>stylish</u>      | C. <u>resign</u>     | D. <u>biography</u>    |
| 3. A. <u>family</u>      | B. <u>parents</u>      | C. <u>happy</u>      | D. <u>frankly</u>      |
| 4. A. <u>mischief</u>    | B. <u>believe</u>      | C. <u>obedience</u>  | D. <u>niece</u>        |
| 5. A. <u>shifts</u>      | B. <u>works</u>        | C. <u>groups</u>     | D. <u>hands</u>        |
| 6. A. <u>safe</u>        | B. <u>secure</u>       | C. <u>sure</u>       | D. <u>support</u>      |
| 7. A. <u>baths</u>       | B. <u>clothes</u>      | C. <u>enjoys</u>     | D. <u>solutions</u>    |
| 8. A. <u>biologist</u>   | B. <u>shift</u>        | C. <u>trick</u>      | D. <u>discuss</u>      |
| 9. A. <u>publish</u>     | B. <u>adult</u>        | C. <u>under</u>      | D. <u>issue</u>        |
| 10. A. <u>attend</u>     | B. <u>admire</u>       | C. <u>access</u>     | D. <u>adopt</u>        |
| 11. A. <u>cancer</u>     | B. <u>culture</u>      | C. <u>captain</u>    | D. <u>center</u>       |
| 12. A. <u>suggestion</u> | B. <u>contribution</u> | C. <u>education</u>  | D. <u>introduction</u> |
| 13. A. <u>resign</u>     | B. <u>resistance</u>   | C. <u>insect</u>     | D. <u>reusable</u>     |
| 14. A. <u>college</u>    | B. <u>wage</u>         | C. <u>graduation</u> | D. <u>manage</u>       |
| 15. A. <u>trade</u>      | B. <u>accepted</u>     | C. <u>salary</u>     | D. <u>career</u>       |
| 16. A. <u>sensible</u>   | B. <u>degree</u>       | C. <u>apprentice</u> | D. <u>professional</u> |
| 17. A. <u>advice</u>     | B. <u>qualify</u>      | C. <u>living</u>     | D. <u>opinion</u>      |
| 18. A. <u>business</u>   | B. <u>advisor</u>      | C. <u>sense</u>      | D. <u>hands-on</u>     |
| 19. A. <u>cost</u>       | B. <u>doctorate</u>    | C. <u>job</u>        | D. <u>convince</u>     |
| 720 A. <u>academic</u>   | B. <u>dream</u>        | C. <u>study</u>      | D. <u>educational</u>  |

**II. Mark the letter A, B, C, or D on your answer sheet to indicate the word that differs from the other three in the position of the primary stress in each of the following questions.**

- |                          |                       |                        |                       |
|--------------------------|-----------------------|------------------------|-----------------------|
| 1. A. <u>domestic</u>    | B. <u>possible</u>    | C. <u>physical</u>     | D. <u>musical</u>     |
| 2. A. <u>vacant</u>      | B. <u>ancient</u>     | C. <u>central</u>      | D. <u>alive</u>       |
| 3. A. <u>answer</u>      | B. <u>offer</u>       | C. <u>reduce</u>       | D. <u>product</u>     |
| 4. A. <u>individual</u>  | B. <u>experiment</u>  | C. <u>independence</u> | D. <u>reputation</u>  |
| 5. A. <u>astronaut</u>   | B. <u>decision</u>    | C. <u>pottery</u>      | D. <u>poverty</u>     |
| 6. A. <u>medicine</u>    | B. <u>volunteer</u>   | C. <u>military</u>     | D. <u>habitat</u>     |
| 7. A. <u>resist</u>      | B. <u>achievement</u> | C. <u>impression</u>   | D. <u>enemy</u>       |
| 8. A. <u>contain</u>     | B. <u>publish</u>     | C. <u>remain</u>       | D. <u>defeat</u>      |
| 9. A. <u>unfortunate</u> | B. <u>intelligent</u> | C. <u>innovation</u>   | D. <u>development</u> |
| 10. A. <u>experience</u> | B. <u>technology</u>  | C. <u>electronics</u>  | D. <u>accessible</u>  |
| 11. A. <u>province</u>   | B. <u>campaign</u>    | C. <u>success</u>      | D. <u>attack</u>      |
| 12. A. <u>character</u>  | B. <u>impressive</u>  | C. <u>diagnose</u>     | D. <u>company</u>     |

**III. Mark the letter A, B, C, or D to indicate the correct answer to each of the following questions.**

1. Vo Nguyen Giap was widely recognized as a \_\_\_\_\_ genius for his pivotal role in leading Vietnamese forces during the First Indochina War and the Vietnam War.
 

A. military	B. artistic	C. musical	D. literary
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2. His mother got bent out of \_\_\_\_\_ when he played video games until midnight.
 

A. colour	B. shape	C. eye	D. board
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3. As a journalist, her duty is to the truth behind illegal activities.
 

A. volunteer	B. admire	C. attend	D. expose
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4. Viet Quang \_\_\_\_\_ himself to helping the needy in his neighbourhood.
 

A. admired	B. devoted	C. diagnosed	D. attended
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5. Her interesting \_\_\_\_\_ of her trip to Thailand last year fascinated all of us.
 

A. rule	B. biography	C. account	D. blockbuster
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6. Having a difficult childhood did not hold her back; instead, it inspired her to devote her life to social work, helping others \_\_\_\_\_ similar challenges.
 

A. observe	B. note	C. overcome	D. protect
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7. Her biological parents were unable to raise her, so she was \_\_\_\_\_ by a family who provided her with a loving home.
 

A. adopted	B. adapted	C. advertised	D. admitted
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8. Jobs met Steve Wozniak and they quickly \_\_\_\_\_ over their love of electronics, a shared passion that would eventually lead to the founding of Apple.
 

A. rule	B. biography	C. account	D. blockbuster
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- A. bonded      B. connected      C. united      D. argued  
 9. Thomas Edison's \_\_\_\_\_ achievement in developing the first practical electric light bulb revolutionized the way the world illuminated the night.  
 A. impress      B. impressive      C. impression      D. impressively
10. Vo Thi Sau \_\_\_\_\_ attacks against French colonial forces, becoming a symbol of resistance and courage in Vietnam's struggle for independence.  
 A. carried out      B. got over      C. came across      D. went on
11. Even though Susan was \_\_\_\_\_ with breast cancer, she remained positive.  
 A. dedicated      B. admired      C. volunteered      D. diagnosed
12. Parents who are too busy with their work find it hard to \_\_\_\_\_ with their children.  
 A. adopt      B. devote      C. bond      D. investigate
13. They were so \_\_\_\_\_ when they heard that their son was safe.  
 A. anxious      B. relieved      C. depressed      D. embarrassed
14. I am extremely \_\_\_\_\_ to all frontline workers who have been trying to save people.  
 A. grateful      B. investigative      C. amazed      D. anxious
15. The travel agency will send you the detailed \_\_\_\_\_ when they receive your money.  
 A. genius      B. duty      C. achievement      D. itinerary
16. Mr. Viet \_\_\_\_\_ his time and energy to giving free English lessons for poor children.  
 A. admires      B. devotes      C. diagnoses      D. attends
17. We \_\_\_\_\_ to the hospital to visit Mike when he \_\_\_\_\_ to say that he was fine.  
 A. were driving - was calling      B. drove - called  
 C. were driving - called      D. drove - was calling
18. What \_\_\_\_\_ to you on Sunday night?  
 A. happen      B. happened      C. was happening      D. would happen
19. Last night, we \_\_\_\_\_ for you for ages but you never \_\_\_\_\_ up.  
 A. waited - showed      B. would wait - showed  
 C. were waiting - were showing      D. waited - was showing
20. We \_\_\_\_\_ our quality time when the unexpected guess \_\_\_\_\_.  
 A. had - came      B. were having - came  
 C. had been having - came      D. have had - would have come
21. Since they \_\_\_\_\_ us they \_\_\_\_\_ to visit us last Sunday, we \_\_\_\_\_ forward to the day.  
 A. were telling - came - looked      B. would tell - would visit - would look  
 C. told - would come - were looking      D. tell - are coming - will look
22. He gave us a thrilling \_\_\_\_\_ of his experiences on the battlefield.  
 A. rule      B. biography      C. account      D. blockbuster
23. His parents passed away in a tragic accident.  
 A. biological      B. ambitious      C. cutting-edge      D. creative
24. At the age of 30, she was \_\_\_\_\_ with a rare form of breast cancer.  
 A. dedicated      B. admired      C. volunteered      D. diagnosed
25. When I was in college, I \_\_\_\_\_ with a man because we both shared a passion for detective novels.  
 A. adopted      B. devoted      C. bonded      D. attended
26. Many Vietnamese young men volunteered to join the army during the war against France.  
 A. resistance      B. biography      C. account      D. experience
27. I \_\_\_\_\_ out last night but at the last minute I \_\_\_\_\_ that I had a quiz this morning.  
 A. was going to go - realized      B. went - realized  
 C. had gone - would realize      D. would go - have realized
28. She hasn't paid as much attention to her children as she \_\_\_\_\_ since she \_\_\_\_\_ working.  
 A. does - starts      B. did - started  
 C. was doing - was starting      D. has done - would start
29. My brother \_\_\_\_\_ at the road when he \_\_\_\_\_ into a hole.  
 A. wasn't looking - was falling      B. didn't look - has fallen  
 C. wasn't looking - fell      D. won't look - fall
30. Magellan \_\_\_\_\_ the first European who \_\_\_\_\_ through the strait.  
 A. was - was sailing      B. was being - was sailing  
 C. had been - sailed      D. was - sailed
31. The first self-sufficient village in Britain \_\_\_\_\_ the Norman's idea. They were some strange invaders who \_\_\_\_\_ to change the country in a better way.  
 A. was - hoped      B. is - have hoped  
 C. have been - were hoping      D. was being - had hoped
32. We \_\_\_\_\_ a documentary about war heroes at 8.30 P.M. last Friday.  
 A. watched      B. have watched      C. were watching      D. are watching

33. I was reading an online article about General Vo Nguyen Giap when my friend \_\_\_\_\_.  
 A. calls      B. is calling      C. has called      D. called
34. Many soldiers sacrificed their lives for the country during the war.  
 A. resistance      B. biography      C. account      D. experience
35. When we \_\_\_\_ leisurely along the beach, a man approached us.  
 A. are strolling      B. were strolling      C. stroll      D. have strolled
36. They were taking selfies while the tour guide the itinerary.  
 A. explains      B. is explaining      C. has explained      D. was explaining
37. Her parents were chatting about the news when she \_\_\_\_ home.  
 A. comes      B. is coming      C. came      D. has come
38. I \_\_\_\_\_ in the park when I \_\_\_\_\_ my old school friend.  
 A. jogged, saw      B. was jogging, saw      C. was jogging, was seeing      D. jogged, was seeing
39. Her innovations in software development are now \_\_\_\_\_ to a wide range of users.  
 A. accessible      B. successful      C. available      D. beneficial
- 40: His invention was not only innovative but also introduced \_\_\_\_\_ technology to the market.  
 A. full-length      B. traditional      C. cutting-edge      D. standard
- 41: She always \_\_\_\_\_ to improving the community and her efforts are still celebrated today.  
 A. devoted      B. respected      C. admired      D. concentrated
- VI. Complete each sentence with the correct form of the verb in brackets (past simple or past continuous tense).**
- Yesterday, I \_\_\_\_\_ (volunteer) at the soup kitchen and I \_\_\_\_\_ (cook) meals for the homeless.
  - As I \_\_\_\_\_ (volunteer) at the beach clean-up, I \_\_\_\_\_ (discover) a variety of interesting seashells on the beach.
  - During my time as a volunteer at the food bank, I \_\_\_\_\_ (deliver) free meals to families in need.
  - While I \_\_\_\_\_ (help) at the community centre, I \_\_\_\_\_ (meet) a lot of wonderful people in our neighbourhood.
  - At 4 p.m. yesterday, they \_\_\_\_\_ (sort) the donations at the community centre.
  - While I \_\_\_\_\_ (join) an event at the children's hospital, I \_\_\_\_\_ (have) the chance to bring joy to the young patients through art activities.
  - Last summer, I \_\_\_\_\_ (participate) in a volunteer trip and I \_\_\_\_\_ (help) clean the local beach.
  - At the charity event one month ago, I \_\_\_\_\_ (set) up booths and \_\_\_\_\_ (help) the organisers.

**VII. Mark the letter A, B, C or D to indicate the mistake in each of the following sentences and correct it.**

- They worked on projects that create more opportunities for children in remote areas.  
 A. projects      B. create      C. more      D. for
- She was selling handmade items and cookies where I called her yesterday.  
 A. was selling      B. handmade      C. where      D. called
- While I volunteered at the community project, I saw many people with suffering and hardships.  
 A. volunteered      B. project      C. with      D. suffering
- I first meet Trinh when we worked as volunteers at a local food bank three years ago.  
 A. meet      B. when      C. as      D. food bank
- The guest speaker was speaking when we come to the event hall.  
 A. guest      B. was speaking      C. come      D. event

**VIII. Combine each pair of sentences into one meaningful sentence.**

- I met Nhi on the street. She was volunteering at a blood donation event. (WHILE)
- I saw Ha on my way home. She was donating her clothes to the charity event. (WHEN)
- Tri was watching TV. He saw his friends taking part in the clean-up project on TV. (WHILE)
- They were visiting the remote villages. They decided to help build a playground for kids. (WHILE)
- He arrived at the centre. We were recording the donations. (WHEN)

**IX. Read the following advertisements and mark the letter A, B, C, or D on your answer sheet to indicate the correct option that best fits each of the numbered blanks from 11 to 16.**



politician, he is a successful business magnate and television personality as well. The son of a wealthy real estate developer, Trump attended the Wharton School of the University of Pennsylvania (1) \_\_\_\_\_. He owned several beauty pageants and ventured into reality television as well. (2) \_\_\_\_\_, he entered national politics in the early 2000s and set his eyes on the presidential office. As a politician, his career was marred by allegations of sexual misconduct and he also earned much 3) \_\_\_\_\_ for his extravagant lifestyle and controversial comments on immigrants from Islamic nations. (4) \_\_\_\_\_ Trump ran for the 2016 presidential election as a Republican and defeated Democratic candidate Hillary Clinton in a surprise victory. Donald Trump is the first person to assume presidency without prior military or government service and at 70, (5) \_\_\_\_\_.



**XI:** Read the following passage and mark the letter A, B, C, or D to indicate the correct answer to each of the questions from 1 to 5.

Steve Jobs, a genius in the world of technology, was born in 1955 and adopted by a working-class family. He dropped out of college, taking a leap into the unknown, where he found his passion for technology and creativity.

In 1976, Jobs met Steve Wozniak, and together they founded Apple, a company that would revolutionise the computer industry with cutting-edge innovations. Apple's Macintosh computer and the iconic iPhone are testaments to Jobs' commitment to cutting-edge design and user-friendly technology.

Apart from his work at Apple, Jobs also played a significant role in the success of Pixar Animation Studios, where he contributed to the creation of the first computer-animated film, Toy Story. Despite facing setbacks, such as being diagnosed with cancer, Jobs continued to lead Apple until his passing away in 2011.

His legacy lives on through the products and innovations that have shaped the way people live and work in the digital age.

1. What does the passage mainly discuss?  
A. Steve Jobs' academic achievements  
B. Steve Jobs' life and achievements  
C. Steve Jobs' rare disease  
D. Steve Jobs' first company
  2. According to paragraph 1, which of the following is NOT stated about Steve Jobs?  
A. He was adopted by a working-class family.  
B. He found a passion for technology from childhood.  
C. He didn't finish his college education.  
D. He's a genius in the world of technology.
  3. The word they in paragraph 2 refers to \_\_\_\_\_.  
A. cutting-edge innovations  
B. Apple's Macintosh computer and iPhone  
C. Jobs and Steve Wozniak  
D. design and technology
  4. The word setbacks in paragraph 3 is opposite in meaning to \_\_\_\_\_.  
A. difficulties  
B. advantages  
C. results  
D. influences
  5. Which of the following is true about Steve Jobs?  
A. He contributed to the success of Pixar Animation Studios.  
B. He established Apple without the help of Steve Wozniak.  
C. He didn't lead Apple when he was diagnosed with cancer.  
D. His ambition was to shape the way people lived and worked

**XII. Read the following passage and mark the letter A, B, C, or D to indicate the correct word or phrase that best fits each of the numbered blanks.**

Regular routines can help people feel like they have control over their daily lives and that they can take positive steps (1) \_\_\_\_\_ managing their health. For example, making time for exercise within routines can help meet recommended daily activity levels. This is especially relevant now, (2) \_\_\_\_\_ research shows that people who reduced their activity levels during the pandemic could experience enduring health effects. As people increase activity outside their homes, they might (3) \_\_\_\_\_ taking transit to school and work, returning to organised fitness activities and the gym and opportunities to include movement throughout the day. (4)

\_\_\_\_\_ ways that routines can support health include regular meal preparation and getting enough sleep, activities (5) \_\_\_\_\_ seem simple but can give positive results in healthy ageing over a lifetime.

Adapted from <https://theconversation.com/what-you-do-every-day-matters-the-power-of-routines-128592>

- Question 1:** A on B in C of D from

**Question 2:** A. but

B. yet

C. since

D. despite

**Question 3:** A. consider

B. use

C. need

D. open

**Question 4:** A. other

B. another

C. lot of

D. few

**Question 5:** A. when

B. where

C. who

D. which

**XIII. Read the following passage and mark the letter A, B, C or D to indicate the correct answer to each of the questions.**

Mental health issues such as anxiety and depression were a leading cause of global health problems even before the spread of COVID-19; however, they've gotten worse. Since the first year of the COVID-19 pandemic, anxiety and depression rates worldwide have increased by an overwhelming 25%. In the U.S, 4 in 10 adults have reported symptoms of anxiety or depression during the pandemic, compared with 1 in 10 from January to June 2019.

Among the most affected are young adults and women. The surge in people struggling with mental illnesses has coincided with gaps in mental care services as well.

Research suggests that the pandemic has exacerbated the impacts of loneliness. Additionally, people's fear of missing out, also known as FOMO, hasn't decreased even since in-person social gatherings became less frequent. But small daily actions - such as a short walk, break from social media or even a catnap - can add up to have an impact on mental health. Separately, counselling, therapy and medication prescribed by health care providers are effective treatments for those experiencing mental illness.

Adapted from: <https://theconversation.com/the-power-of-short-breaks-movement-and-other-practices-on-improving-mental-health-4-essential-reads-187413>

**Question 1:** Which of the following can be the best title for the passage?

- A. How to Handle Mental Illness      B. Mental Health - an Alarming Issue  
C. The Effect of Covid-19      D. Fomo

**Question 2:** The word "they" in paragraph 1 refers to \_\_\_\_\_.

- A. global health problems      B. symptoms  
C. mental health issues      D. adults

**Question 3:** The word "surge" in paragraph 2 is closest in meaning to \_\_\_\_\_.

- A. growth      B. decline      C. view      D. situation

**Question 4:** According to paragraph 1, which of the following is TRUE?

- A. Mental illness is not a worldwide problem.  
B. The rates of anxiety and depression experienced an increase by 25% in the first year of COVID-19.  
C. 4 in 10 adults in the US show symptoms of depression and anxiety before June 2019.  
D. Mental health issues have not changed since COVID-19.

**Question 5:** Which of the following is NOT true according to the passage?

- A. The influences of loneliness got worse during the pandemic.  
B. There are many kinds of treatments to tackle mental health issues.  
C. Even though now there are fewer in-person social meetings, the number of people having FOMO has not reduced.  
D. Young adults and men are the highest number of people suffering from mental illnesses.

**XIV. Read the following passage and mark the letter A, B, C or D to indicate the correct answer to each of the questions.**

The average daily time spent online by adults increased by nearly an hour during the UK's spring lockdown when compared to the previous year, according to communications regulator Ofcom, with numerous countries back under severe pandemic restrictions, many of us once again find ourselves questioning whether our heavy reliance on technology is impacting our health.

It's true that digital devices have provided new means of work, education, connection, and entertainment during lockdown. But the perceived pressure to be online, the tendency to procrastinate to avoid undertaking tasks, and the use of digital platforms as a way to escape stress all have the potential to turn healthy behaviours into habits. This repetitive use can develop into addictive patterns, which can in turn affect a user's wellbeing.

Digital addiction refers to the addictive and excessive use of digital devices. The design of digital platforms themselves contributes to this addictive use. Notifications, news feeds, likes and comments have all been shown to contribute towards a battle for your attention, which leads users to increase the time they spend looking at screens.

Screen time is an obvious measure of digital addiction, although researchers have noted that there is no simple way to determine how much screen time one can experience before it becomes problematic. As such, there is a continued lack of **consensus** on how we should think about and measure digital addiction.

During a global pandemic, when there often feels like no alternative to using Netflix, or video conferencing with friends and family, screen time as an indicator of digital addiction is clearly ineffective. Nonetheless, research conducted on preventing digital addiction does provide insights on how we can all engage with our digital technologies in a healthier way during a lockdown.

Adapted from: <https://theconversation.com/five-ways-to-manage-your-screen-time-in-a-lockdown-according-to-tech-experts-152715>

**Question 1:** Which of the following can be the best title for the passage?

- A. Digital Addiction During Pandemic Lockdown      B. The Effect of Covid-19 Lockdown  
C. Forms of Digital Entertainment      D. Research about Digital Addiction

**Question 2:** The word “**procrastinate**” in paragraph 2 is closest in meaning to \_\_\_\_\_.

- A. complete      B. push      C. delay      D. extend

**Question 3:** The word “**they**” in paragraph 3 refers to \_\_\_\_\_.

- A. notifications      B. users      C. digital platforms      D. researchers

**Question 4:** The word “**consensus**” in paragraph 3 is closest in meaning to \_\_\_\_\_.

- A. research      B. repetition      C. discord      D. agreement

**Question 5:** Which of the following can be inferred from the passage?

- A. The way to measure digital addiction needs to be studied more.  
B. Digital addiction happens when people use digital devices moderately.  
C. The design of social platforms is not related to overuse of digital devices.  
D. It is not hard to decide the problematic amount of screen time.

**Question 6:** Which of the following is NOT TRUE according to the passage?

- A. During the spring lockdown, the daily amount of time people spend online increased by nearly one hour compared to the previous year.  
B. Digital devices create a new means of entertainment.  
C. The use of digital platforms cannot become addictive.  
D. People use digital platforms to escape from anxiety.

**Question 7:** Which of the following is TRUE according to the passage?

- A. Overuse of digital devices can have a negative health effect.  
B. Notifications and news feeds do not distract you from other things.  
C. People cannot connect with their family during lockdown.  
D. People have to completely get rid of digital devices to be healthy.

**The End**