

PRESENTING HEALTHY LIFE TIPS



ESTUDIANTE

PROPÓSITO

Los estudiantes presentan en inglés recomendaciones orales sobre hábitos saludables, empleando el *Present Perfect Continuous*, los *Second y Third Conditionals* y conectores, para explicar causas, efectos y posibles consecuencias de sus elecciones de estilo de vida.

COMPETENCIA

SE COMUNICA ORALMENTE EN INGLÉS



LET'S TALK HEALTHY HABITS!



A Listen - Healthy Life Tips

Hello, my name is Cielo:

I have been walking to school every day.
If I didn't drink water, I would feel sick.
I eat fruit because it gives me energy.



B Vocabulary - healthy habits

English	Spanish
🍎 Eating fruits and vegetables	
🚶 Walking to school	
💤 Sleeping 8 hours	
씻다 Washing hands	
💧 Drinking water	
🏃 Exercising regularly	



C Grammar practice

A: Present Perfect Continuous

Complete the sentences:

a) I have been _____ (drink) water every day.
 b) She has been _____ (exercise) in the morning.
 c) They have been _____ (eat) vegetables for a week.



B: Second Conditional

Complete the sentences:



a) If I didn't sleep well, I _____ tired.
 b) If he didn't walk every day, he _____ (be) unhealthy.
 c) If we ate too much junk food, we _____ (get) sick.

C: Third Conditional

Complete with your ideas:

a) If I had drunk more water, I _____
 b) If she had slept more, she _____



D Plan your healthy life tips



Use this template to prepare your oral presentation.

- Two healthy habits (use Present Perfect Continuous):
 - I have been _____.
 - I have been _____.
- One conditional sentence (Second or Third Conditional):
 - If _____, I would _____.
 - If I had _____, I would have _____.
- One sentence with a connector:
 - _____, so _____.
 - Although _____, I _____.

