

## 9.1 Dark days and white nights

## Vocabulary different climates and lifestyles

1 Complete the sentences with the correct form of the words in bold.

- 1 It was a magical evening: delicious food, romantic music, and great company. **magic**
- 2 There's no need to be so \_\_\_\_\_. It isn't a disaster, just a small problem. **drama**
- 3 She is \_\_\_\_\_ taller than her husband, just a couple of centimetres. **slight**
- 4 It's \_\_\_\_\_ very simple. You just press this button. **basic**
- 5 I think his family \_\_\_\_\_ came from Ireland. **origin**
- 6 It's \_\_\_\_\_ getting warmer, spring should be here soon. **gradual**

2 Complete the definitions. The first letter is given.

- 1 If you are cosy, you are warm, comfortable and safe.
- 2 Something that is d\_\_\_\_\_ makes you feel sad and unenthusiastic.
- 3 If something happens a\_\_\_\_\_, it always happens as a result of a particular action.
- 4 Someone who is l\_\_\_\_\_ is full of life and energy.
- 5 If you say someone is c\_\_\_\_\_ more attractive than another person, it means they are much more attractive.
- 6 An a\_\_\_\_\_ flower is a man-made copy of a real one.
- 7 If something has a d\_\_\_\_\_ effect, the effect is strong and surprising.
- 8 When something happens g\_\_\_\_\_, it happens slowly over a long period of time.

3 Choose the best options to complete the text.

Summer nights in  
**St Petersburg**

<sup>1</sup>Dramatic / Artificial as St Petersburg is when covered in snow, the best time to visit the city has to be the summer, when the white nights mean that the city <sup>2</sup>considerably / basically never sleeps. Obviously bars, restaurants and clubs are very <sup>3</sup>cosy / lively, but you could also take part in a more traditional, and <sup>4</sup>automatically / considerably cheaper, tradition by gathering on the banks of the River Neva to watch the river bridges open at 2 a.m. to let the bigger boats through. It's a <sup>5</sup>magical / depressing sight, with the lights of the bridges shining against the still-bright sky.

<sup>6</sup> Originally / Basically, mid-summer was a quiet time in St Petersburg's theatres and operas, but since 1993, when the Stars of the White Nights Festival was founded, there have <sup>7</sup>slightly / gradually been more and more operas, ballets and concerts, and you will now never be short of entertainment, however you decide to spend those long white nights.



## Grammar adjectives and adverbs

- 4 Complete the sentences with the correct form of the words in brackets.

- 1 The cake was absolutely (absolute) delicious.
- 2 He was not very \_\_\_\_\_ (encourage) about my plans.
- 3 It was a truly \_\_\_\_\_ (remark) performance.
- 4 Music was playing \_\_\_\_\_ (soft) in the background.
- 5 I can't believe you would behave so \_\_\_\_\_ (irresponsible).
- 6 Despite his injury, he continued to climb \_\_\_\_\_ (determined) up the mountain.
- 7 The room was lit \_\_\_\_\_ (artificial) because the windows were very small.
- 8 The room is small, but very \_\_\_\_\_ (cosiness).

- 5 Find and correct the mistakes in five of the sentences.

- 1 Think carefully about what you are doing. ✓
- 2 He seems happily enough about his new job.
- 3 Her manner is very self-confidently, almost arrogant.
- 4 The novel was beautifully written.
- 5 When we had finished, the house looked beautifully.
- 6 I can't honest say that I agree with you.
- 7 It is considerable colder at night than during the day.
- 8 Personally, I think it's a great idea.

### PRONUNCIATION syllables in adjectives

- 6a Match adjectives 1-4 to adjectives a-d which have the same number of syllables and the same stress pattern.

- |              |              |
|--------------|--------------|
| 1 magical    | a depressing |
| 2 dramatic   | b cosy       |
| 3 artificial | c beautiful  |
| 4 lively     | d accidental |

b 9.1 Listen and check your answers.

c 9.1 Listen again, pause and repeat.

- 7 Choose the correct options to complete the text.



## Light school

Umeå, in Sweden, is only 500 kilometres from the Arctic Circle, which means that from October to February it only gets between 42 and 45 minutes of sunlight every day. And that's only if it isn't raining when, <sup>1</sup> depressing / depressingly, it may never get light at all.

But students at Dragonskolan, an upper secondary school in the city, are getting a lot more sunlight than that this year, even if it is <sup>2</sup> artificial / artificially sunlight. They are part of an experiment to discover if <sup>3</sup> bright / brightly electric light can make a difference to students' well-being and performance.

When we are exposed to light in the morning, the brain takes it as a signal to stop producing melatonin, the hormone that makes you want to sleep. If you don't get any light, the body delays producing the signal that it's time to wake up. Over time, you <sup>4</sup> basic / basically get a kind of 'jet lag' where your body clock is not set <sup>5</sup> correct / correctly for the time of day.

The hope is that by exposing students to a bright light all day, they will be less <sup>6</sup> sleepy / sleepily during the day, and get a better rest at night. They should also be less likely to become depressed. It will be <sup>7</sup> interesting / interestingly to see the results.

■ jet lag the sensation of being tired and disorientated after a long aeroplane journey

### I can ...

- talk about different climates and lifestyles.  
use adjectives and adverbs.

Very well   Quite well   More practice

- |                       |                       |                       |
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