

LISTENING

The body's limits

Exercise 1

Read the three short texts below about a Swedish woman called Anna Bågenholm, who had an accident. Then watch a video about her and decide which is the best summary of the accident.

- a Anna had an accident while skiing. Nobody found her for several hours and when they did, they believed she was dead. But when she arrived at the hospital, she came back to life.
- b Anna tried to rescue a colleague who had an accident in the mountains, but fell into some freezing water.
- c Anna had an accident while skiing. She became so cold that her breathing and heartbeat stopped for hours, but she made a full recovery.



Exercise 2

Listen again. Are the sentences true (T) or false (F)? Correct the false sentences.

- 1) Anna fell head first onto a sheet of ice, which was actually the surface of a stream.
- 2) She couldn't breathe, because there wasn't any air between the ice and the water.
- 3) Anna's was pulled out of the ice eight minutes after the accident.
- 4) Anna's body temperature was 56.7°F when she arrived at the hospital.
- 5) A hospital in Norway managed to revive ninety other hypothermic people over a five-year period.

"Nobody is dead until warm and dead"



Rescuers try to save Bågenholm. Photo: Ketil Singstad