

REGRETS IN SPORTS

Read the text and choose the correct word.

Many professional athletes have things they look back on and regret. Some say, "I (1)_____ I had started training more seriously when I was younger." Others say, "If only I (2)_____ listened to my coach more." These regrets are common in competitive sports, where the smallest decision can change everything.

One footballer said he (3)_____ missing an easy goal in the final. We (4)_____ have won the match if I had scored," he said. Another athlete remembered getting injured in a race. "I wish I (5)_____ avoid situations like that. I didn't need to push so hard."

Even successful players admit they've made mistakes. "If only I (6)_____ more focused during the early years of my career," said one tennis star.

Another regret? Team relationships. "I (7)_____ have shouted at my teammates like that. It wasn't fair to them." And some athletes complain about poor coaching decisions. "I wish our coach (8)_____ listen to us more. He always ignored our suggestions.

In the end, it's not the mistakes you make, but what you learn from them, that turns a player into a champion.

