

Tên:

Lớp: S9...

Ngày giao bài: Thứ....., ngày .../.../...

Ngày nộp bài: Thứ....., ngày .../.../...



Từ vựng & Ngữ pháp:

Nghe:

Mini Test:

HEALTH

VOCABULARY & IELTS SPEAKING

Lưu ý: Các từ vựng mở rộng thầy cô cho ghi trong vở (nếu có) và các từ vựng mở rộng trong phiếu để có chú thích nghĩa: Con về nhà chép mỗi từ 1 dòng để ghi nhớ nhé.

A. VOCABULARY

- Health

No.	New words	Meanings	No.	New words	Meanings
1	recuperate (v)	hồi phục (sau bệnh nặng, kiệt sức)	8	come down with sth (phr.v)	bị mắc (bệnh nhẹ, ví dụ: cảm cúm)
2	recover (v)	hồi phục (chung, bao gồm sức khỏe, tinh thần)	9	under the weather (idiom)	cảm thấy không khỏe, mệt
3	examine (v)	khám bệnh	10	(be) as fit as a fiddle (idiom)	rất khỏe mạnh
4	operate (v)	phẫu thuật, mổ	11	(be) in good shape (idiom)	trong tình trạng thể chất tốt
5	take exercise (phr.)	tập thể dục	12	life expectancy (n)	tuổi thọ
6	treat (v)	điều trị	13	raise public awareness (phr.)	nâng cao nhận thức cộng đồng
7	get well (phr.)	khỏe lại, hồi phục	14	check-up (n)	cuộc kiểm tra sức khỏe định kỳ

B. EXTRA VOCABULARY

No.	New words	Meanings	No.	New words	Meanings
1	in leaps and bounds (idiom)	phát triển rất nhanh	5	gale-force wind (n)	gió mạnh cấp bão
2	distinctive (adj)	đặc biệt, dễ nhận ra	6	disoriented (adj)	mất phương hướng
3	get my head round it (idiom)	hiểu điều gì đó phức tạp	7	fortnight (n)	hai tuần
4	archaeology (n)	khảo cổ học	8	youth hostel (n)	nhà trọ giá rẻ cho người trẻ du lịch

*Note: n = noun: danh từ; adj = adjective: tính từ; v = verb: động từ;
 phr. = phrase: cụm từ; idiom = thành ngữ; phr.v = phrasal verb: cụm động từ.

*Con học thuộc nghĩa của từ, chính phát âm theo từ điển và chép mỗi từ 1 dòng vào vở ghi.

C. HOMEWORK

VOCABULARY & GRAMMAR

I. Circle the correct answers.

0. Before the match started, the _____ checked if the players followed the rules.

A. referee B. pitcher C. caddie D. batter

1. After staying in bed for a week, she started to _____ and felt much better.

A. take B. recuperate C. examine D. operate

2. I think I'm going to _____ the flu - I feel cold and tired.

A. exercise B. get well C. come down with D. be in

3. The doctor had to _____ him immediately to remove his appendix (ruột thừa).

A. operate B. cure C. treat D. recover

4. He always goes jogging every morning - he's really _____.
 A. under the weather B. get well C. as fit as a fiddle D. treat

5. These campaigns help _____ public awareness about the dangers of smoking.
 A. come B. take C. get D. raise

II. Match the words/phrases with the correct definitions.

0. recycle	0- <u>c</u>	a. feeling slightly sick or unwell
1. (be) in good shape	1- <u> </u>	b. to do physical activity to improve health and fitness
2. under the weather	2- <u> </u>	c. <i>to turn old things, like paper or plastic, into new things to use again</i>
3. check-up	3- <u> </u>	d. to be physically healthy and strong
4. take exercise	4- <u> </u>	e. the average number of years a person is expected to live
5. life expectancy	5- <u> </u>	f. a routine medical examination to check your health

III. Put the verbs in brackets into the correct FUTURE form (will / be going to).

Next weekend, our school (0) is going to organize (organize) a sports festival for students and parents. Everyone is very excited about it! The weather forecast says it (1) _____ (be) sunny and warm, so we won't need to cancel anything.

My class (2) _____ (run) the refreshment stand. We've already bought all the drinks and snacks. Ms. Linda, our PE teacher, thinks many parents (3) _____ (join) the tug-of-war competition — she even made a funny poster for it!

We also (4) _____ (prepare) a short performance for the opening ceremony. We've started rehearsing it this week. I'm sure it (5) _____ (be) the best festival we've ever had!

IV. Rearrange the words/phrases to make meaningful sentences.

0. it / rain / going / to / is

→ ***It is going to rain.***

1. I / will tell / promise / you / I / everything

→ _____.

2. we / dinner / going out / tonight / are / for

→ _____.

3. he / help fix / will / your computer / later

→ _____.

4. not going / take part / am / I / in / the race / to

→ _____.

5. They / 5 p.m. / are / leaving / at / the airport / from

→ _____.



Con làm bài nghe theo link sau:

<https://soundcloud.com/ms-chi-english/fee-essentials-1-test-1-part-1>

You will hear people talking in eight different situations. For questions 1–8, choose the best answer (A, B or C).

- 1 You hear a student talking about her college course.
What does she say about it?
A She enjoys seeing how things work in practice.
B She is sure she'd like to work in a related field.
C She wants to know more about an aspect of the course.

- 2 You hear a conversation between a customer and a florist.
What does the customer decide to do?
A take the florist's advice
B research a new species of rose
C buy an expensive bunch of flowers

- 3 You hear two students discussing their maths class.
What do they agree about?
A how helpful their maths teacher is
B how useful the maths phone app is
C how difficult the maths topic is

- 4 You hear a weather forecast on the radio.
Where are violent storms expected?
A the south coast
B the east coast
C the west coast

- 5 You hear a woman leaving a message for a plumber.
The woman wants him to
A correct an error he has made.
B call her when he finishes work.
C discover the source of a problem.

- 6 You hear a man talking about his travel plans.
What is he doing?
A complaining about train timetables
B confirming a hotel reservation
C making a request of someone

- 7 You hear two friends talking about the football team they support.
How does the man feel?
A optimistic about the team's prospects
B annoyed by the referee's decision-making
C surprised by the goalkeeper's ability

- 8 You hear part of an interview with a student who wants to become a volunteer.
What does the student say about it?
A He is keen to pass on his knowledge.
B He wants to repay the people who helped him.
C He regrets not getting involved earlier.

Con làm bài nghe theo link sau:
<https://soundcloud.com/ms-chi-english/fee-essentials-1-test-1-part-3>

You will hear five short extracts in which people are talking about school trips they went on when they were younger. For questions 19–23, choose from the list (A–H) what each speaker says. Use the letters only once. There are three extra letters which you do not need to use.

A I made some new friends.

B I had some communication problems.

Speaker 1

19

C I would like to go back to the area soon.

Speaker 2

20

D I went on similar trips over the next few years.

Speaker 3

21

E I wasn't properly prepared for the trip.

Speaker 4

22

F I thought the trip was good value for money.

Speaker 5

23

G I thought the trip was too long.

H I would have liked more independence.