

NEW YORK TIMES SERIES

DANEIL G. AMEN, M.D

BEST SELLING AUTHOR OF *CHANGE YOUR BRAIN, CHANGE YOUR BODY*  
SECOND EDITION

USE YOUR  
**BRAIN**  
TO CHANGE YOUR  
**AGE**

SECRET TO LOOK,  
FEEL, AND THINK  
YOUNGER EVERYDAY

EDITED BY DAN CLARK

**Verso Page**

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**Fill in the answers in the Card Catalog**

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