

NEW YORK TIMES SERIES

**DANEIL G. AMEN, M.D**

BEST SELLING AUTHOR OF *CHANGE YOUR BRAIN, CHANGE YOUR BODY*  
SECOND EDITION

USE YOUR  
**BRAIN**  
TO CHANGE YOUR  
**AGE**

SECRET TO LOOK,  
FEEL, AND THINK  
YOUNGER EVERYDAY

EDITED BY *DAN CLARK*

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