

Adeliya's daily routine

Meet Adeliya. She's a grade 6 student at Panfilov Kazakhstani-Russian Gymnasium, 54 in Almaty. It's a big school with about 1,500 students.

During term time, Adeliya usually follows the same routine. Her day starts early. She usually gets up at 7 o'clock. Then she has a shower. Then she gets dressed and goes downstairs for breakfast. After breakfast, she finds the things she needs for school. **When** she's ready, her grandma, Raissa, takes her to school on foot.

Adeliya usually has six lessons a day. Her favourite lesson is Kazakh, but she doesn't like P.E.

At 11 a.m. there is a break, and Adeliya has brunch with her classmates. They usually have buns with tea or apple juice. When school finishes at 2 p.m., her grandma meets her and they go back home. They have lunch together and talk about their days. They usually have meatballs with mashed potatoes or chicken soup, **because** they are Adeliya's favourite foods.

Adeliya is a very hard-working student, **so** in the afternoon she always does her homework and gets ready for the next day.

Three days a week, Adeliya goes to a music school. She's in the choir and they practise singing and learn new songs. In the evening, she usually goes for a walk with her friends and her brother Dias. Adeliya is busy, but **if** she has time she helps her mother around the house.

At 10 p.m. Adeliya goes to bed.

