

My Feelings

Sometimes I am happy.
Sometimes I am sad.
Sometimes I am nervous.
But I am never bad.

When I'm really nervous,
I'm brave and carry on.
I say, "I can do it!"
Until my nerves are gone.

When I'm really happy,
I smile and laugh and play.
When I'm really happy,
It's a very good day.

Sometimes I am happy.
Sometimes I am sad.
Sometimes I am nervous.
But I am never bad.

When I'm really sad,
I cry and tell my mum.
We always talk together,
Then happy times can come.



EX1: Answer the following questions:



Is he angry?

Is he happy?

Is she hot?



Is he tired?



Is she nervous?



Is he thirsty?

EX2: Look at the new words and do the tasks:



ride a bike

ride a horse



skate

skateboard



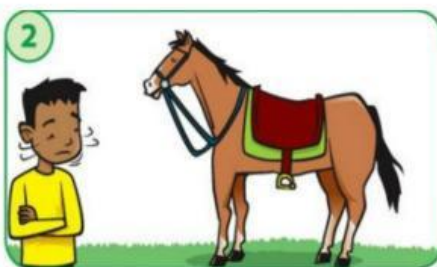
play tennis

play football

1. r _ d _ a b _ ke
2. ride a h _ rs _
3. sk _ t _
4. skateb _ ar _
5. pl _ y t _ nn _ s
6. pla _ fo _ tbal _



1



2



3

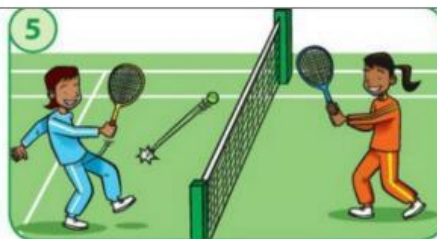
He can _____

He can't _____

They can't _____



4



5



6

She can _____

They can _____

She can't _____