

Stage 5_Unit 2_Grammar_Quantifiers

Use of English

Quantifiers are words that we use to show the amount of something. They can be used before countable and uncountable nouns.

countable nouns	both	uncountable nouns
a few	some	a little
fewer	any	less
many	a lot of	much
not as many	lots of	not as much
	both	
	all	

You should drink **fewer** soft drinks.
Don't eat **as many** sweets because they are bad for you.
There is **less** sugar in dark chocolate than milk chocolate.



Exercise 1: Choose the word to complete the sentence

- a There is **a lot of** / **much** vitamin C in oranges.
- b We don't eat as **many** / **much** fruit as we should!
- c There are only **a few** / **less** vegetables left.
- d There is **fewer** / **less** cheese left in the fridge than I thought.
- e Dairy products provide us with **many** / **lots of** calcium, which is good for our bones.
- f Are there **some** / **any** soft drinks in the fridge?

- a. _____
- b. _____
- c. _____
- d. _____
- e. _____
- f. _____

Exercise 2: Choose the correct words

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This week we're learning about healthy eating and the importance of a balanced diet for our bodies. As children, we need ¹**a lot of / much** calcium for healthy teeth and bones. It is found in dairy products. Do you eat ²**many / much** yoghurt or cheese?

Vegetables and fruit provide our bodies with vitamins and minerals. Do you eat ³**a few / a lot of** fruit? If you eat ⁴**less / a little** fruit than you should, try not to eat as ⁵**many / much** biscuits and sweets. Take ⁶**some / any** apples to school as a snack instead.

Next post ... proteins and fats.



1. _____
2. _____
3. _____
4. _____
5. _____