

● "What's Your Day Like?"

- What time do you wake up?
- Do you usually have breakfast?
- Do you train in the morning?
- What time do you go to bed?
- Where do you go at the weekend?

■ Reading

A Day in Laura's Life

Laura lives in a small house with her boyfriend, two cats, and a dog. She wakes up at 7:00 a.m. and feeds the animals. Then she makes breakfast in the kitchen and checks her phone. She drives to the gym and trains there for one hour.

After that, she returns home to work. Laura runs her own business from a small office in the house. She usually works until noon, then eats lunch with her boyfriend or goes to a restaurant. She loves eating out!

In the afternoon, she studies French in her bedroom and takes the dog for a walk in the park. In the evening, she likes relaxing in the living room or reading a book. She usually goes to bed at 11:00 p.m.

Laura loves to travel, and she takes a trip twice a year — sometimes in summer, sometimes in winter.

☒ Comprehension Questions

1. Who does Laura live with? _____
2. Where does she work? _____
3. What animals does she have? _____
4. What language is she studying? _____

5. How often does she travel? _____

6. Where does she go after waking up? _____

Vocabulary – Gap Fill

Fill in the blanks with the correct verb in the Present Simple:

train – feed – relax – study – eat – go – work – wake up

1. She _____ at 7:00.

2. She _____ the animals in the morning.

3. She _____ at the gym.

4. She _____ from home.

5. She _____ lunch with her boyfriend.

6. She _____ to a restaurant sometimes.

7. She _____ French.

8. She _____ in the living room at night.

Grammar: Prepositions of Time and Place

Prepositions of Time

- **at** → **CLOCK times, specific moments** (*at 7:00, at night*)
- **in** → **parts of the day, months, seasons** (*in the morning, in summer*)
- **on** → **days and dates** (*on Monday, on Christmas Day*)

Prepositions of Place

- **at** → a specific point (*at the bus stop*)
- **in** → inside something (*in the room, in the house*)
- **to** → movement (*go to the park*)

■ Practice 1 – Choose the Correct Preposition

Complete with: **at / on / in / to**

1. Laura wakes up _____ 7:00.
2. She works _____ her house.
3. She goes _____ the gym in the morning.
4. They eat lunch _____ a restaurant.
5. She studies French _____ the afternoon.
6. She walks her dog _____ the park.
7. Laura travels _____ the summer.
8. She relaxes _____ the living room.

■ Practice 2 – Speaking Drill

Answer using complete sentences:

1. What time do you get up?
2. Where do you work or study?
3. What do you do **on weekends**?
4. Do you go **to restaurants**?
5. What do you do **in the evening**?

■ Cool Down – “Me vs. Laura”

Now tell me 3 things that are similar and 2 things that are different between you and Laura.

Use prompts:

- I wake up at... / Laura wakes up at...
- I study... / Laura studies...
- I live with... / Laura lives with...