

Độc hiểu (22.06)

Read the following passage and mark the letter A, B, C, or D on your answer sheet to indicate the best answer to each of the questions.

Sunscreen is an essential product for protecting the skin from harmful UV rays. Over the years, **it** has become more advanced and widely available. Sunscreen plays an essential role in preventing sunburn, early aging and skin cancer. To protect the skin properly, we need to apply sunscreen regularly, especially when spending time outdoors. But have you ever wondered about the history of sunscreen?

The origins of sunscreen are quite interesting. Having been developed over a long period, this invention can't be attributed to one individual. In fact, ancient civilisations like the Egyptians were known to use oils and natural **substances** as a form of protection against the sun. Since then, sunscreen formulas have been continuously improved. For example, in the 1940s, a Swiss chemistry student named Franz Greiter, after getting painfully sunburnt while climbing a mountain, created one of the first truly effective sunscreens, which later led to the development of Piz Buin, a well-known sunscreen brand today.

Research and innovation in the sunscreen industry are still progressing, leading to new improvements in sun protection products. Many scientists are developing new formulas that provide better protection not only from UVB rays but also from UVA rays. This advancement has been crucial in reducing skin damage. Sunscreen is now available in many forms: creams, sprays and even sticks.

Using sunscreen daily is a must, isn't it? We might not always think about it, but UV rays are present year-round, even on cloudy days. **By applying sunscreen, we ensure that our skin stays healthy, no matter the season.** So next time you are heading outside, to keep your skin safe, don't forget to apply a **generous** amount of sunscreen.

Question 1. The word "**it**" in paragraph 1 refers to _____.

- A. skin B. sunscreen C. UV ray D. product

Question 2. The word "**substances**" in paragraph 2 could be best replaced by _____.

- A. liquids B. objects C. materials D. colours

Question 3. Which of the following is NOT mentioned as a form of sunscreen?

- A. sprays B. sticks C. creams D. gels

Question 4. The word "**generous**" in paragraph 4 is OPPOSITE in meaning to _____.

- A. small B. kind C. large D. mean

Question 5. Which of the following best paraphrases the underlined sentence in paragraph 4?

- A. The effect of sunscreen on our skin is long-term yet varied by season.
B. Our skin remains protected throughout the year when we use sunscreen.
C. We must apply sunscreen regardless of our skin condition over the year.
D. Our frequent use of sunscreen results in better health in every season.

Question 6. Which of the following is TRUE according to the passage?

- A. Truly effective sunscreen formulas should offer protection from either UVB rays or UVA rays.
B. Sunscreen was first created in the 1940s and has stayed largely unchanged since its original invention.
C. Ancient civilisations used no form of sun protection due to their unawareness of UV rays' effects.
D. The sunscreen brand Piz Buin was developed as a result of Franz Greiter's early sunscreen formula.

Question 7. In which paragraph does the writer mention a present-day innovation in sun protection products?

- A. Paragraph 1 B. Paragraph 3 C. Paragraph 2 D. Paragraph 4

Question 8. In which paragraph does the writer identify the source of inspiration for inventing sunscreen?

- A. Paragraph 1 B. Paragraph 3 C. Paragraph 2 D. Paragraph 4

