

Reading and Use of English Part 7 Multiple matching

1 You are going to read an article in which four people talk about their lifestyles. For questions 1–10, choose from the people (A–D). The people may be chosen more than once.

Which person states

running out of money forces them to give something up?
their partner is keen for them to have a lifestyle change?
they'd like to be able to take more time off to relax?
more sleep at night would have a beneficial effect on their life?
they've become more eager to try new sports?
they undertook a building project as part of a lifestyle change?
they get great pleasure from their journey to work?
a change in career led to a positive outcome?
they are motivated to do physical exercise by their partner?
their previous job used to be very demanding?

2 In the following two sentences from the magazine article, the word *run* is used with different meanings.

*This is a direct result of **running** my own real estate agency.*

I can't make up my mind at the moment – I need to soon or she'll run out of patience!

Match the expressions with *run* (1–8) to their meanings (a–h).

| | |
|----------------------------------|---|
| 1 to run a tight ship | a to be in a bad situation where there is a possibility of something bad happening to you |
| 2 to run in the family | b to finish naturally |
| 3 to be running on empty | c to try to escape |
| 4 to run your eye over something | d to look quickly at the whole of something |
| 5 to run for office | e to control something firmly and effectively |
| 6 to make a run for it | f to continue to be active with little energy left |
| 7 to run the risk of | g refers to a quality or ability that many relatives have |
| 8 to run its course | h to try to be elected |

3 Complete the sentences using the correct form of the expressions from Exercise 2. There is one expression you will not need. There is an example at the beginning (0).



MAKING A POSITIVE CHANGE

Four people were asked how they'd change their lifestyle and why.



A Luke

I've wanted to make improvements to my life for as long as I can remember. But it's easier said than done, isn't it? It's just getting rid of bad habits that I have come to accept in my life as normal, I guess. I tend to work long hours. This is a direct result of running my own real estate agency. Usually, with people who have regular jobs, when it's the weekend or evening, it signals a time to put your feet up and switch off. With me, this is a rare occurrence. I'm not exactly tied to my phone, but it's my responsibility if something goes wrong. I can't ignore it because there's no one else to solve the problem and sometimes it can't wait until Monday morning. My wife wants us to take a year out and just see the world. We're lucky that we have the finances to do it, but I can't make up my mind at the moment – I need to soon or she'll run out of patience!



B Sophia

To be honest, I really don't have a great deal to complain about when it comes to the way I live my life. This isn't to say I don't spend countless hours trying to improve it, though. I'm always trying something different. I used to stick to the same thing and was very much a creature of habit. I wasn't very daring at all. These days, I'm far more adventurous. From time to time, I'll get bored with going for a jog, so I'll do a course in skiing or scuba diving or anything random like that. Then, I'll get bored of it or simply won't have the cash and I'll get my running kit on again. I always seem to come back to that because it's just a case of putting on some trainers. I suppose the main thing is that it's good to stay active, especially as you get older. Luckily, my boyfriend feels the same way as me in this regard, so we encourage each other.



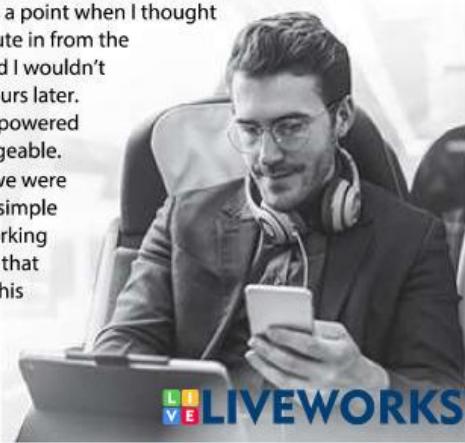
C Elizabeth

I guess the single most useful thing for me would be to start again and completely change direction in terms of my chosen work path. But that's not going to happen any time soon, so in a close second place, I'd have to say turning my light off at a decent time would be a fantastic idea. It sounds so simple, doesn't it? But, for some reason, it isn't. I usually go upstairs and start reading. If I get into something good, this means going to sleep late. If I could wake up late, it would be OK, but I can't. I just get into a vicious circle this way, and I'm sure I'm not alone. So, I have to rely on my alarm and set off early the next morning. I must say, though, that my bike ride is a great start to the day. I absolutely love it, especially when I see all the traffic jams and stressed out drivers on the way. I wouldn't want to change this. I didn't use to do it and I can honestly say I even enjoy it in the pouring rain. That surprises a lot of people.



D Daniel

I often have moments to think about how I can change my life. The thing is there's a difference between thinking about it and actually doing it. I'm proud that I've actually managed to do so because there was a point when I thought I couldn't. I used to work in London and had to commute in from the suburbs every day. My day would start at around 6, and I wouldn't be back home, relaxing on my sofa, until around 12 hours later. Then when we had kids, I decided to give up my high-powered job and instead took on something much more manageable. This was stressful for me at the time, especially when we were renovating our new home, but I have no regrets. It's a simple lifestyle, but I guess that's the whole point. Shorter working hours mean I get to catch up on stuff during the week that I'd have usually had to find time for at weekends and this is great.



**How to go about it**

When choosing an answer, look carefully at the whole sentence, not just the words immediately before and after the gap.

Reading and Use of English Part 1 Multiple-choice cloze

For questions 1–8, read the text below and decide which answer (A, B, C or D) best fits each gap. There is an example at the beginning (0).

I can't go to school – it's raining!

It's true that a popular topic of conversation in England is the weather. Have you ever taken a day off school because of it? Would you (0) ... *B*... suspicious if someone didn't turn up for school because of the weather?

Well, in 1960s England, these were actually (1) reasons to miss school. Back then, teachers were required to record reasons why pupils weren't at school each day. This is clear from (2) at a log from Leighton Buzzard, in the county of Bedfordshire. (3) the reason for non-attendance was the weather.

Victorian school wasn't free. As such, poor people could attend, but only (4) they were (5) by charitable organisations. They didn't use to have appropriate clothing and wore scruffy, thin tops, dresses or trousers, (6) without coats or shoes. Deciding not to set (7) on foot to school in poor weather conditions suddenly becomes understandable. It must have been a real risk to their health. One day, when only 30% of the pupils went to class, lessons were (8) and everyone huddled together close to the fire.

| | | | |
|----------------|-------------|-------------|----------------|
| 0 A have | B get | C make | D go |
| 1 A correct | B true | C valid | D proper |
| 2 A looking | B searching | C examining | D studying |
| 3 A Hardly | B Rarely | C Almost | D Frequently |
| 4 A if | B then | C whether | D before |
| 5 A guaranteed | B sponsored | C donated | D commissioned |
| 6 A usual | B rarely | C seldom | D often |
| 7 A in | B up | C off | D back |
| 8 A prevented | B opposed | C excluded | D suspended |