

Lesson 6: Vocabulary topic Health (Listening)

1. A poor diet and lack of exercise can increase the risk of _____ disease. **(related to the heart and blood vessels)**
2. The surgeon will _____ the patient on how to prepare before the operation. **(give someone directions or orders)**
3. After the operation, the patient will need physical _____ to regain mobility. **(treatment aimed at relieving or healing a disorder)**
4. The nurse is _____ monitoring all patients in the recovery ward. **(responsible for something or someone)**
5. The study shows that women tend to have a higher _____ than men. **(the average number of years a person is expected to live)**
6. The doctor asked us to _____ the patient's allergies before prescribing any medication. **(think carefully about something before making a decision)**
7. Her symptoms were not general but rather _____ to one specific area. **(limited or restricted to a certain space or condition)**
8. The new treatment method is only available through a _____ trial. **(happening only once; not repeated)**
9. Sharing ideas in group therapy only works when members are emotionally _____. **(able to exist or work well together)**
10. The medicine should be taken in _____ amounts—not too little, not too much. **(best or most effective possible)**
11. Some patients find hospital food bland and the daily routine rather _____. **(repetitive and lacking in variety)**

12. The environment in the emergency room can sometimes feel _____ due to the urgency and stress. (**unfriendly or aggressive**)
13. Children under five are more _____ to common infections. (**resistant or not affected by something — usually in negative form**)
14. Access to clean water and proper _____ are essential for good public health. (**a place to live or stay**)
15. Before performing the surgery, the doctor explained the full _____ to the family. (**a series of actions done for medical reasons**)
16. He received a _____ bonus for agreeing to work in the remote area clinic. (**a payment made only once when starting a new position**)
17. The majority of deaths in the report were from _____ causes, such as heart disease. (**most common or dominant**)
18. The level of risk from smoking is directly _____ to how much a person smokes. (**having a relationship in amount, size, or degree**)