



1

Match the sentences with its sounds!



Audio A



Audio B



Audio C



Audio D



Audio E



Audio F



Audio G

Wash your face in
the morning and
in the evening.

Take a shower
every day.

Trim your nails
once a week.

Wash your
hands as often
as necessary.

Visit the doctor
when you have
health problems.

Brush your hair
regularly.

Brush your teeth
twice a day.

2

Match the sentences with its pictures!

Wash your face in
the morning and
in the evening.

Take a shower
every day.

Trim your nails
once a week.

Wash your
hands as often
as necessary.

Visit the doctor
when you have
health problems.

Brush your hair
regularly.

Brush your teeth
twice a day.



3

Choose the right answer to the questions!



How often should you wash your hands?

as often as necessary

never

from time to time

every day



How often should you wash your face?

always

in the morning

in the evening

in the morning and in the evening





How often should you
take a shower?



as often as
possible

sometimes

usually

every day



How often should you
brush your teeth?



every Sunday

every day

twice a day

as often as
possible





What should you
regularly do to your hair?



cut

brush

stylish

color



What should you do to
your nails?



cut

paint

bite

trim





When should people visit
the doctor?



When you
have free
time

When you
have health
problems



When the
weather is
fine

When you
have
problems at
school



The end The end The end The end

