



How to Make Ice Cream

Follow this fun and easy recipe to make delicious ice cream quickly.

You Will Need:



two plastic zip-lock bags (one large and one small)



1 tablespoon
caster sugar



a pair of
warm gloves



$\frac{1}{4}$ teaspoon
vanilla extract



sticky tape



lots of
ice cubes



an ice cream
scoop or spoon



5 tablespoons
of salt



300ml milk



What to Do:

1. First, take the small plastic zip-lock bag. Pour the milk, sugar and vanilla extract inside.
2. Close the bag tightly so it does not leak. Use sticky tape to keep it shut.
3. Next, half fill the large zip-lock bag with cubes of ice then add the salt.
4. Now, put the small bag into the larger bag of ice and salt. Carefully seal the larger bag shut with sticky tape.
5. Before you hold the bag of ice, put your gloves on. Now shake the bags for up to fifteen minutes to freeze the mixture. Take turns with a friend if your arms get tired.
6. Finally, open the larger bag and remove the ice cream bag.
7. Scoop the frozen ice cream mixture into a bowl or an ice cream cone to serve.
8. Enjoy your ice cream with your favourite sprinkles or sauce!



Questions

1. How much milk will you need to make this ice cream? Tick one.

- ☐ 300ml
- ☐ 500ml
- ☐ 100ml

2. Fill in the missing word.

Close the bag _____ so it does not leak.

3. Which two toppings can you put on your ice cream after you have made it?

4. Number the events from **1-4** to show the order to make ice cream. The first one has been done for you.

- ☐ Fill the larger bag with salt and ice.
- ☒ **1** Add the milk, sugar and vanilla extract to the small bag.
- ☐ Seal the bag tightly shut.
- ☐ Finally, put the small bag inside the big bag and seal it shut.
Shake them until the mixture turns into ice cream.

5. Find and copy one word which means the same as 'exhausted'.

6. Why do you think you will need to wear gloves to make the ice cream?
