

# PRACTICE TEST 8

Time allotted: 90 minutes

I

Choose the word, phrase or sentence that best fits the space in each sentence or best answers the given question. Write A, B, C or D in the boxes on the answer sheet. (3.5 pts)

1. Which word has the underlined part pronounced differently from that of the others?  
A. huge      B. rush      C. public      D. clunky
2. Which word has the underlined part pronounced differently from that of the others?  
A. removes      B. includes      C. curtains      D. sockets
3. Which word has a different stress pattern from that of the others?  
A. entertain      B. introduce      C. overcome      D. generate
4. Which word has a different stress pattern from that of the others?  
A. sensor      B. disturb      C. outcrop      D. detox
5. **Tuân:** Are you going to the live show this weekend?  
**Aria:** I'm not sure. I can join in person, \_\_\_\_\_ I can stay at home watching online.  
A. and      B. or      C. but      D. so
6. **Emily:** I can't believe you and Lucas arrived \_\_\_\_\_ the same time at the running competition.  
**Isaac:** Yes, it was a nice surprise.  
A. on      B. in      C. with      D. at
7. **Linh:** I'll be waiting \_\_\_\_\_ the entrance of the art gallery.  
**Mary:** OK! I'm running a little late, but I'll be there soon.  
A. for      B. at      C. in      D. on
8. **Trúc:** I think we've found the perfect \_\_\_\_\_ to our recycling project.  
**Sam:** That's awesome! How soon can we implement it?  
A. population      B. government      C. issue      D. solution
9. **Mason:** I read about the coral reef \_\_\_\_\_ is home to thousands of species.  
**Carter:** That's amazing! We need to protect those animals.  
A. who      B. where      C. that      D. whose
10. **Henry:** My doctor advised me to avoid junk food because it's \_\_\_\_\_ to my diet plan.  
**Daniel:** That makes sense. It's probably high in sugar and fat.  
A. harmful      B. natural      C. organic      D. accessible

11. **Riley:** I've noticed that when life begins to \_\_\_\_\_ down, I start neglecting my health.

**Vinh:** Same here. It's easy to forget about self-care when I get stressed.

- A. bring      B. break      C. turn      D. make

12. **Stella:** Our school is starting workshops on nutrition and fitness to promote healthy \_\_\_\_\_.

**Logan:** That sounds good. It's time we focused on our diet.

- A. habits      B. regulations      C. abilities      D. workouts

13. **Jayden:** I'll have the grilled chicken salad and a glass of lemonade, please.

**Waiter:** \_\_\_\_\_

- A. Ah, I see now.      B. OK, anything      C. That's all I have.      D. How was it? else?

14. **Tuân:** \_\_\_\_\_

**Kina:** Agree! Most educational resources are available in English, which is a huge advantage.

- A. Many global companies require their employees to have strong English kills.      B. The benefits of learning English also include cultural exchange.      C. English helps me work with other people from other countries.      D. Knowing English is key to accessing a vast amount of information online.

**II**

Look at the sign or the notice. Choose the best answer for questions 15 and 16. Write A, B, C or D in the boxes on the answer sheet. (0.5 pt)



15. What does the sign say?

- A. Drones cannot pose a risk to people here.      B. Drone flights are banned in this area.      C. We can use drones equipped with cameras here.      D. It is not dangerous to fly drones in this area.



16. What does the sign say?

- A. The bunk bed is not ideal for saving space in bedrooms.      B. The bunk bed is in new and good condition.      C. The bunk bed is being sold for over \$35.      D. The bunk bed doesn't have a safe ladder.

**III**

**Choose the word (A, B, C or D) that best fits each space in the following report on the drawbacks of tourism in a coastal city. (1.5 pts)**

Tourism development in our coastal city has brought certain significant drawbacks. Many residents have reported that our once peaceful city has become overcrowded and noisy. They no longer feel relaxed (17) \_\_\_\_\_ weekends as they once did. They also ask why (18) \_\_\_\_\_ buildings should be replaced with modern hotels and convenience stores, as this (19) \_\_\_\_\_ to a loss of cultural identity. Although the stores can help visitors easily buy SIM cards or top up their phone balances, they are now often (20) \_\_\_\_\_ out of essential items for the local community. Some residents have suggested that the government should limit the (21) \_\_\_\_\_ of new tourist infrastructure to preserve the city's unique character. They believe that when the city loses its charm, it becomes boring, despite the economic (22) \_\_\_\_\_.

**IV**

**Read the following fact file on useful advice on a healthy diet. Decide whether the statements from 23 to 26 are True or False, and choose the correct answers to complete the statements in the questions 27 and 28. (1.5 pts)**

Adopting a healthy diet is essential for maintaining overall health. To ensure proper nourishment, prioritise the consumption of a diverse range of nutrient-rich foods and good eating habits.

Firstly, cut down on saturated fat and sugar as excessive intake can lead to harmful effects on your organs and increase the risk of becoming obese. Instead, choose healthier fats like those found in avocados and nuts, which are more nourishing for your body.

Secondly, eating more fish, fruit, and vegetables is a great way to access essential vitamins, minerals, and antioxidants. Fish, especially oily types like salmon, is an excellent source of omega-3 fatty acids, which support heart health. Besides, fruits and vegetables are low in calories yet packed with nutrients, aiding in balanced calorie intake.

Thirdly, contrary to popular belief, "detox" diets are not necessary. Your body naturally removes harmful chemicals through the liver and kidneys. Instead of restrictive eating,

experts suggest focusing on balanced meals to support your body's natural functions. Finally, never skip breakfast. Starting your day with a nourishing meal helps maintain energy levels and prevents overeating later. A bowl of whole-grain cereal with fresh fruit is a simple and effective way to fuel your body.

23. For effective nourishment, you should eat diverse, nutrient-dense foods and adopt healthy eating habits.
24. Saturated fat and sugar are mainly found in avocados and nuts, so you should eat them.
25. Fish, especially salmon, provides heart-healthy omega-3 fatty acids.
26. Although breakfast is an important meal, you can skip it occasionally.
27. Contrary to what many think, detox diets aren't needed as \_\_\_\_\_.  
A. you can balance your calorie intake  
B. your body naturally removes toxins through specific organs  
C. they are nutritious enough to lose weight  
D. it's harmful for your body to remove chemicals through the liver and kidneys
28. All of the following statements are mentioned in the fact file EXCEPT \_\_\_\_\_.  
A. Some fats are healthy and can help you avoid becoming obese.  
B. Fruits and vegetables offer nutrients with minimal calories for a balanced diet.  
C. Experts recommend eating balanced meals to help support your body's natural processes.  
D. A heavy breakfast can boost your energy levels and improve concentration.

## V

### Use the correct form of the word given in each sentence. (1.5 pts)

29. Sophie is really interested in finding out about the new \_\_\_\_\_ weather activity in our solar system. (planet)
30. The exhibition showcased a lot of eye-catching \_\_\_\_\_ designs of future homes. (innovate)
31. Software developers are considered a \_\_\_\_\_ job because they have to deal with complex problems that require critical thinking. (demand)
32. There was a powerful earthquake in that town, but \_\_\_\_\_ there were few casualties. (thank)
33. People with excellent digital skills can use software tools to make \_\_\_\_\_ quickly and accurately. (decide)
34. After collecting enough information, the \_\_\_\_\_ began to write his article. (journal)

**VI**

Look at the entry of the word 'convenience' in a dictionary. Use what you can get from the entry to complete the sentences with two or three words. (0.5 pt)

**convenience** /kən'vi:nɪəns/ noun

The quality of being useful or suitable, especially by saving time or effort

*She likes the convenience of having all her files in one folder.*

**for the convenience** *The shop had an online portal created for the convenience of its clients.*

**comfort and convenience** *In this spa, customers can enjoy all the comfort and convenience of relaxation services.*

**at somebody's convenience** *As informed, your ordered package will be delivered at your convenience.*

35. She chose the flat for its \_\_\_\_\_, especially valuing the modern kitchen equipment.

36. She often wears a fanny pack \_\_\_\_\_ of keeping her phone and keys nearby.

**VII**

Rewrite each of the following sentences in another way so that it means almost the same as the sentence printed before it. (1.0pt)

37. The last time Mr Johnson fell in love with someone was many years ago.

⌚ Mr Johnson hasn't \_\_\_\_\_

38. I'm sorry I can't lend you my game console.

⌚ I wish \_\_\_\_\_

39. If people don't stop damaging the natural habitat, there will be fewer wild animals.

⌚ Unless \_\_\_\_\_

40. I eat less processed food so that I can avoid getting obese.

⌚ I eat less processed food in \_\_\_\_\_

## ESSENTIAL VOCABULARY

VERB	NOUN	ADJECTIVE	ADVERB
inconvenience	convenience/ inconvenience	convenient / inconvenient	conveniently/ inconveniently
decide	decision/indecision	decided/undecided decisive/ indecisive	decidedly/ decisively/ indecisively
demand	demand	demanding/ undemanding	
	diet/dieter/dietician	dietary	
	journal/journalism journalist/journalese	journalistic	journalistically
innovate	innovation	innovative/innovatory	innovatively
	planet	planetary	
solve	solution	solvable/insolvable	insolvably
	sugar	sugary	
thank	thanks/thankfulness	thankful/thankless	thankfully

### PHRASAL VERBS

break down	The dishwasher broke down, so I had to wash the dishes by hand after the party.
carry out	The company hired a data scientist to carry out research on customer behaviour.
look into	The government decided to look into improving public transport to reduce traffic congestion.
take up	Some people argue that private cars take up too much public space, leaving less room for pedestrians.