

PRACTICE TEST 7

Time allotted: 90 minutes

I

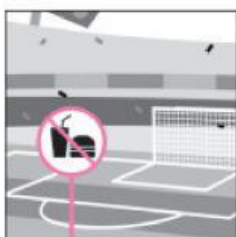
Choose the word, phrase or sentence that best fits the space in each sentence or best answers the given question. Write A, B, C or D in the boxes on the answer sheet. (3.5 pts)

- Which word has the underlined part pronounced differently from that of the others?
A. efficient B. effort C. excavate D. extrovert
- Which word has the underlined part pronounced differently from that of the others?
A. stained B. feared C. rushed D. streamed
- Which word has a different stress pattern from that of the others?
A. influence B. luxury C. concentrate D. discover
- Which word has a different stress pattern from that of the others?
A. boredom B. improve C. feature D. shelter
- Iris:** I didn't know your hobby is collecting action figures.
Isla: Most of them are rare, _____ they are really hard to find these days.
A. and B. but C. so D. for
- Justin:** What do you like doing _____ a cold night?
Selena: I prefer to hide in a warm blanket and watch a K-drama on my phone.
A. with B. in C. on D. at
- Cooper:** How far is the stadium from here?
Eliza: It's just a short walk _____ the café. We'll be there in no time!
A. in B. with C. on D. across
- Son:** Honestly, I want to drop out of school and travel overseas.
Dad: That's not very practical. You're such a _____.
A. dreamer B. follower C. pessimist D. leader
- Sullivan:** Have you been practising meditation for better concentration?
Thương: Yeah. Tâm, _____ I made friends with at the summer camp, introduced it to me.
A. whom B. which C. that D. where
- Jennie:** What can we do to prevent more wild animals from becoming _____?
Levy: Establishing conservation reserves and reducing deforestation can help a lot.
A. fragile B. extinct C. negative D. ordinary

11. **Jade:** I just met a handsome guy online, and we're thinking about meeting up.
Lena: Be careful! Don't _____ into anything too quickly.
 A. hold B. kick C. go D. rush
12. **Lucy:** What are you going to order?
Emilia: I can't make up my _____! Every dish on the menu looks so tasty.
 A. change B. option C. mind D. hesitation
13. **Hoa:** Thanks for helping me rake leaves in the garden.
Ben: _____
 A. That's fun. B. You're forgiven. C. It happens. D. No problem!
14. **Christ:** _____
Elaine: I agree! Let's brainstorm some innovative ideas that stand out.
 A. I'm fond of gaining experience from tourist experts.
 B. Our design project is due next week, and we need to impress the judges.
 C. Why not attend a course that teaches us problem-solving skills?
 D. How interesting this new marketing strategy is!

II

Look at the sign or the notice. Choose the best answer for questions 15 and 16. Write A, B, C or D in the boxes on the answer sheet. (0.5 pt)



15. What does the sign say?
 A. It is challenging to buy food and drinks at the stadium.
 B. The stadium relies on outside food and beverage sales.
 C. Food and beverages are not permitted inside the stadium.
 D. You can bring outside food and drinks into the stadium.



16. What does the sign say?
 A. Two adults need to pay \$16 to visit the museum on Wednesdays.
 B. Two children under 5 years old need to pay \$8 to visit the museum on weekdays.
 C. An adult and a seven-year-old child only need to pay \$6 to visit the museum on Tuesdays.
 D. An adult and a six-year-old child only need to pay \$6 to visit the museum on Wednesdays.

III

Choose the word (A, B, C or D) that best fits each space in the following paragraph extracted from an investigation about emotional intelligence. (1.5 pts)

Emotional intelligence (EI) refers to the ability to understand and manage emotions, both in oneself and others. People with high EI can behave in a (17) _____ which is often more empathetic. This can be noticeably helpful in (18) _____ stressful situations. For example, when someone is angry or worried, a sympathetic response may help (19) _____ the tension. On the other hand, lacking emotional intelligence might lead to (20) _____ or even disgusting situations, especially in difficult conversations. It's important to be aware (21) _____ emotions because they can affect how we (22) _____ to stressful or boring situations. Studies show that individuals who can manage their emotions might find relaxing easier, and avoiding unnecessary frustration. That's why we all need to improve our emotional awareness.

- | | | | |
|--------------------|-------------|-----------------|-------------|
| 17. A. method | B. measure | C. tool | D. way |
| 18. A. many | B. much | C. amount | D. a little |
| 19. A. increase | B. ease | C. embrace | D. discover |
| 20. A. fascinating | B. amusing | C. embarrassing | D. pleasing |
| 21. A. up | B. of | C. from | D. with |
| 22. A. react | B. frighten | C. reduce | D. consider |

IV

Read the following blog entries about emotional burnout. Decide whether the statements from 23 to 26 are True or False, and choose the correct answers to complete the statements in the questions 27 and 28. (1.5 pts)

Emotional Burnout and Recovery: A Path to Healing

Emotional burnout is a stressful experience that many people can sympathise. It occurs when we feel overloaded by the constant demands of daily life, which makes us feel exhausted, upset, and emotionally drained. Symptoms may include feelings of disgust towards things that once brought joy, or the constant worry that things will never improve. It can also make us feel angry or aggressive, and we may even feel embarrassed for not being able to handle stress more effectively.

In such moments, it can be difficult to recognise our emotions, and we might feel broken-hearted or frightened about the future. However, recovery is possible. To heal, it's essential to have a more considerate and open-minded attitude. Besides, being assertive about our boundaries is important for taking control of our life again. By recognising emotional triggers, we can reduce feelings of annoyance and stress.

We must take steps to address emotional burnout: rest, reflection, and self-care. Talking to a trusted friend or seeking professional help can provide relief. Recovery may take time, but with the right support, we can overcome emotional burnout and restore our emotional well-being.

23. The stress of emotional burnout is something that many individuals understand.
24. Emotional burnout happens when we manage daily demands well.
25. Being more considerate and open-minded is a bad way to reduce the effect of emotional burnout.
26. Reaching out to a supportive friend or a mental health professional can be beneficial.
27. Recognising our emotions can be challenging, and it _____.
A. leaves us feeling heartbroken or fearful of what lies ahead B. makes us feel assertive about handling stress more effectively
C. is impossible for us to recover from daily stress D. can help us overcome emotional burnout and restore our emotional well-being
28. All of the following statements are mentioned in the online article EXCEPT _____.
A. One symptom of emotional burnout may be constant worry that nothing will get better. B. Emotional burnout can lead to feelings of anger or aggression.
C. With proper support, overcoming emotional burnout can be achieved. D. Emotional burnout might make you withdraw from people and activities.

V

Use the correct form of the word given in each sentence. (1.5 pts)

29. Understanding different cultures is _____ to people who like to travel to new territories. (benefit)
30. Mastering English is _____ for those who are keen to integrate in the globalised world effectively. (use)
31. For some people, the thought of skydiving can be quite _____, while others find it exciting. (frighten)
32. The man eventually realised that eating _____ was the main cause of his sleeplessness and obesity. (healthy)
33. Seeing too many _____ can make potential buyers aggressive and refuse to check out a product. (advertise)
34. A group of _____ got lost in the dense forest and hastily found the right track to return to the village before dark. (explore)

VI

Look at the entry of the word 'consideration' in a dictionary. Use what you can get from the entry to complete the sentences with two or three words. (0.5 pt)

consideration /kənˌsɪdəˈreɪʃn/ *noun*

The process of carefully considering something

We are taking the problems of bullying at school into consideration.

careful consideration *Careful consideration of luggage weight is essential before heading to the airport for check-in.*

under consideration *Our project on preserving historical building is under consideration.*

for (somebody's) consideration *I have reported on your problem to the manager for your consideration.*

35. The team is studying different habitats that are _____ for their impact on chimpanzee populations.
36. The city council made _____ of public feedback before deciding to enact stricter traffic rules that everyone must obey.

VII

Rewrite each of the following sentences in another way so that it means almost the same as the sentence printed before it. (1.0 pt)

37. Thomas received a promotion at his job as a result of his hard work.

➞ Since Thomas _____

38. They haven't removed the graffiti from the wall yet.

➞ The graffiti _____

39. "Where did you find the diamond ring yesterday?" Peter asked me.

➞ Peter asked me _____

40. Linh earns half of what her brother earns.

➞ Linh's brother earns _____

ESSENTIAL VOCABULARY

VERB	NOUN	ADJECTIVE	ADVERB
advertise	advertisement/ advertising/ advertiser		
benefit	benefit/beneficiary	beneficial	beneficially
disgust	disgust	disgusted/disgusting	disgustingly
	extinction	extinct	
explore	exploration/ explorer	exploratory/unexplored	
frighten	fright/frighteners	frightened/frightening/ frightful	frighteningly/ frightfully
	health/healthiness	healthy/unhealthy	healthily/ unhealthily
identify	identification/ identity	identifiable/ unidentified	
pain	pain	pained/painful/ painless	painfully/ painlessly
use/misuse	use/usage/ usefulness/ uselessness/user	used/unused/useful/ useless/usable/ unusable	usefully/uselessly
PHRASAL VERBS			
rush into	She rushed into the decision to buy the expensive flat without considering her tight budget.		
sing along	I always sing along to my favourite songs while taking a shower.		
take off	The flight couldn't take off on time because of the heavy storm.		
turn down	Can you turn down the volume? The neighbours might complain.		