

VOCABULARY

nature

1 A Match the sentence beginnings (1–6) with the endings (a–f) to make sentences.

- 1 Look at the way the sunlight is
- 2 I love deserted beaches like this –
- 3 The coastline stretches for 3,000 km
- 4 This entire area is
- 5 You can cycle down this track
- 6 I just sat on the river bank,

a from one end of the country to another.
b creating a beautiful pattern on the ground.
c known for its amazing scenery.
d watching the boats go by.
e all the way into the city.
f no one around for miles and miles.

B Complete the text with nature words or phrases.



WILLOWS WELL-BEING RETREAT

Location

Surrounded by ¹ the only thing interrupting the peace at the Willows Well-being Retreat is the sound of birdsong and leaves moving on the trees. Or if you find yourself standing on the ² , the gentle sound of water rushing by.

Facilities

- World-class dining
- Freshwater swimming pool
- Large ³ amongst the trees for yoga classes.

Activities

From forest bathing to hiking along ancient ⁴ through the landscape, there is a wide variety of well-being activities to choose from during your stay. For those who prefer being less active, simply sit and enjoy the beautiful ⁵ around you or bathe in the ⁶ shining warmly through the trees.

We look forward to welcoming you at Willows!

GRAMMAR

quantifiers

2 A Choose the correct word or phrase to complete the sentences.

- 1 I suspect there are **few** / **a little** / **a few** rooftop gardens in this area because the houses don't have flat roofs.
- 2 **No** / **None** / **Not any** wildflowers should be taken from these woods as it will have a negative effect on the ecosystem.
- 3 Only a **little** / **majority** / **minority** of residents are in favour of the plans to change the shared lawn into a vegetable plot.
- 4 There's a **minority** / **a little** / **little** countryside left in the region – it's almost all been built on.
- 5 I found a **handful of** / **a lack of** / **plenty of** new cycling routes round here – not many, but it might be interesting to see where they go.
- 6 I know a **little** / **a few** / **few** people who really enjoy gardening, but it's not really my thing.

B Read the sentences and correct the quantifiers in bold.

- 1 There are only a **little** of vegan restaurants in the city where I live.
- 2 **Few** of my friends live in the countryside, but most live in urban areas.
- 3 **No** time I go to the beach I come back feeling refreshed and relaxed. It's awesome.
- 4 There are a **handful of** parks in my town at all, so we have to play football at the sports centre.
- 5 There's a definite **little** of green spaces in my local neighbourhood.
- 6 I see very a **little** wildlife in my garden because I live in the city.
- 7 I spend a good **majority** of time walking in the forest near my house.
- 8 There are **no** open spaces in my city, but the ones we do have are pleasant.

PRONUNCIATION

3 A 2.02 | connected speech: quantifiers | Draw a line between any words that link together in the phrases in bold. Then listen and check.

- 1 There's a **lack of** attractive green spaces in my town.
- 2 Only a **handful of** people I know live in the countryside.
- 3 I spend a **good deal of** time outdoors.
- 4 **Several of the** beaches nearby are quite good.
- 5 Young people who like gardening **are in a minority**.

B 2.02 | Listen and repeat.

LISTENING

4A  **2.03** | Listen to the introduction to a radio programme. Choose the correct topic (a–c).

- a** The benefits of gardening as we get older
- b** How people of all ages enjoy gardening together
- c** Young people who enjoy gardening

B  **2.04** | Listen to the next part of the radio programme and answer the questions.

Which speaker ... ?

- a** says how pleased they are that they have learned about plants?
- b** became interested in gardening because of a local scheme?
- c** noticed a difference in their mood after doing some gardening?
- d** Is excited about something that is going to happen soon?
- e** became suddenly more aware of their surroundings?
- f** mentions one reason that gardening may have a particular benefit?

C  **2.04** | Listen again. Are the statements True (T) or False (F)?

- 1** Speaker 1 started gardening because she wanted to test a theory.
- 2** Speaker 1 is confident about why she had benefitted from time in the garden.
- 3** Speaker 2 likes getting away from her living accommodation for a while.
- 4** Speaker 2 quickly came to realise that gardening could be interesting.
- 5** Speaker 2 understands that different tasks should be done at different times of year.
- 6** Speaker 3 did not use to know exactly why seaside landscapes were so beautiful.
- 7** Speaker 3 has little idea of what she is really doing with the plants on her balcony.

D   **2.05** | Listen to the final speaker again and write what you hear. You will hear the sentence only once.