



Read the text below and complete the following table with no more than three words and/or a number from the text for each answer.

The Amazing Mangosteen

Mangosteen is a tropical fruit often called the "queen of fruits". It is round and dark purple on the outside, with sweet and juicy white flesh inside. It grows mostly in Southeast Asia, especially in countries like Malaysia, Thailand, and Indonesia.

Mangosteens are rich in vitamin C and antioxidants, which help strengthen the immune system and fight diseases. People usually eat mangosteens fresh, but they can also be made into juices or jams.

To enjoy a mangosteen, press gently on the outer skin to split it open. Inside, there are 5 to 8 white segments. Sometimes, a few of the segments contain seeds that should not be eaten.

Mangosteens are best stored at room temperature. They should be eaten within a few days after picking, as they do not stay fresh for long.

NO	QUESTION	ANSWER
1	Colour of outer skin	
2	Country it grows in	
3	Nutrient found	
4	One health benefit	
5	Ways to eat it	
6	How many segments inside	
7	Part not to eat	
8	Storage condition	