

Listening Practice 1.2

Listen carefully to the audio recording. You will hear a monologue related to a real-life pharmaceutical context. After listening, answer all 7 multiple-choice questions (MCQs) based on what you heard.



1. How long has the patient been managing type 2 diabetes?

A. Less than a year

B. About two years

C. Over five years

2. What medication is the patient currently taking?

A. Insulin

B. Glipizide

C. Metformin

3. What issue is the patient experiencing with their blood sugar levels?

A. Consistently low readings

B. Unpredictable fluctuations throughout the day

C. Readings always above 15 mmol/L

4. What lifestyle challenge is affecting the patient's diabetes management?

A. Traveling frequently

B. Irregular work hours and inconsistent meals

C. Allergies to diabetes medication

5. What effect does the patient think stress might be having on their condition?

A. Helping to lower glucose levels

B. Causing higher blood sugar readings

C. Increasing appetite

6. What concern does the patient have about long-term use of metformin?

A. Liver damage

B. High blood pressure

C. Vitamin B12 deficiency

7. What is the patient seeking from the pharmacist?

A. A completely new treatment plan

B. Guidance on whether their medication needs adjusting or if they should consult a diabetes educator

C. A sugar-free meal plan